

Weight.

Take a bag of sugar and put it in a carrier bag. Let your child hold the bag. Use the word '**heavy**', this bag is **heavy**. Find other things around the house which are heavy. Put these, one at a time in the bag for your child to hold.

On another day, put a small packet of biscuits in a carrier bag. This time use the word **light**. Can your child find other objects which are **light**?

Have a selection of familiar everyday objects some light and some heavy. Give your child one heavy object to hold in one hand and the light object in the other hand.

Can your child say which one is heavy and which one is light?

Sort the objects into heavy and light.

Then move on to comparing weights- this bag of sugar is heavier than the biscuits or the packet of crisps is lighter than the bag of sugar.