

ST. IVES INFANT SCHOOL MENU – SPRING TERM 2020

V=Vegetarian. Water provided. All meals served with fresh bread and salad. Meat & veg from local suppliers. Main dishes and puddings are homemade. Any bought in food is very high in meat or fish content eg fish fingers. We do not use salt in our cooking and only use cocoa, not chocolate. Meals may be subject to change at times due to availability and special offers.

Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
06/01/20	Pasta Day 5 a day bolognese (V)	Children's favourites Healthy 'hot dogs'	Roast Day Roast chicken	Give it a Go Day Sticky Chinese pork noodles	Chip Day Fish in batter
27/01/20	Pasta shapes (V)	Quorn 'hot dogs' (V)	Quorn sausages(V) Gravy	Stir fry veg & tofu (V)	Vegi nuggets (V)
24/02/20	Garlic bread Carrots & corn Mixed Salad	Potato wedges Coleslaw Peas & carrots	Crispy roast potatoes Roast root veg Cabbage & stuffing	Broccoli Chinese salad Flatbread	Chips Peas/beans & coleslaw Bread
16/03/20	Chocolate cup cakes Fresh fruit Yoghurt Jelly	Caramel apple cake Fresh fruit Yoghurt Jelly	Bakewell cake Fresh fruit Yoghurt/Jelly	Fruit tart Jelly Yoghurt Fresh fruit	Vanilla buns Yoghurt Fresh fruit Jelly
13/01/20	Margherita pizza (V)	Chicken breast chunks	Roast lamb & mint sauce	Cottage pie	Cod fish fingers
03/02/20	Pasta shapes (V)	Quorn dippers (V)	Quorn slices (V)	Vegi cottage pie (V)	Cheese puffs (V)
02/03/20	Broccoli & carrots Green salad	Creamy mash Broccoli & carrots Mixed salad Bread	Crispy roast potatoes Yorkshire pudding Spring greens & carrots Gravy	Carrots & spring greens Crusty bread Tomato salad	Chips Peas/Beans Coleslaw Bread
23/03/20	Banana muffins Fruit Yoghurt Jelly	Chocolate brownies Jelly Fresh fruit Yoghurt	Apple pie & custard Fresh fruit Yoghurt Jelly	Fruity delight Jelly Fresh fruit Yoghurt	Jelly/Fresh fruit Ice-cream Yoghurt
20/01/20	Tuna pasta bake	100% beef burgers in baps	Roast gammon	Pasty pie	Cod shapes
10/02/20	Macaroni cheese (V)	Vegi burgers (V)	Quorn sausages (V)	Cheese & onion pie (V)	Quorn nuggets (V)
09/03/20	Garlic bread Mixed veg Cucumber salad	New potatoes Tomato & cucumber salad Mixed veg	Stuffing & roast potatoes Swede & carrots Cauliflower cheese Gravy	New potatoes Peas & carrots Brown bread Cucumber salad	Chips Beans/peas Coleslaw Bread
	Fruity flapjack Fresh fruit Jelly/Yoghurt	Eton mess Fresh fruit/Jelly/Yoghurt	Jam roly poly Fresh fruit/ Yoghurt Jelly	Chocolate pudding Jelly/Yoghurt/Fresh Fruit	Chocolate chip cookies Jelly/ Fresh fruit/Yoghurt

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