

Coads Green Primary School		Two Year rolling programme			PSHE	
Relationships Health Living in the Wider World						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1 A	Welcome to school	People who care for us	Healthy Friendships	Our health	We all have feelings	Managing our time safely whilst online
B	Emergencies and getting help	Rights, responsibilities and respect	Our bodies and boundaries	Healthy food choices	Good and not so good feelings	
Class 2 A	Respecting uniqueness Our communities	Everyday safety Basic first aid	Learning About Work Horrible Hands	Sharing photos online Online interactions and information sharing	Online friends Big Feelings	Keeping our teeth clean
B	World of work Spending and saving money	Road Safety Teamwork Skills	Physical activity Everyday Drugs	The Internet and everyday life Everyday feelings	Expressing feelings Sun safety	Strategies to support positive mental wellbeing
Class 3 A	What makes a good friend? Respecting others A diverse community	Resolving conflict and managing negative pressure Everyday safety and basic first aid Illness	Money choices Volunteering and citizenship Puberty - bodies and reproduction	Safely enjoying the online world Keeping personal information safe and private online Online content	Play, Like, Share 3 - Fans The environment	Managing feelings Risk and Peer pressure Mental health and keeping well

B	Respectful relationships Different types of families Healthy and harmful relationships	Nutrition and healthy eating Keeping your body safe Consent – keeping your body safe	Puberty - changes Spending decisions Exploring risk in relation to gambling	Online contact Online friendships and keeping safe Skills for using the Internet safely	Managing challenges and change Exploring risk in everyday situations	Feelings and common anxieties when changing schools Changing Schools Social media
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