

they're here...



# YOUR menu

Week 3 –

MONDAY

Chicken Pie & Gravy or Vegetable Lasagne (v)  
Mashed Potatoes  
Sweetcorn & Green Beans  
  
Ice Cream or Fresh Fruit

TUESDAY

Sausage Roll or Broccoli & Potato Bake (v)  
Mash  
Peas & Spaghetti Hoops  
  
Jam Sponge & Custard or Fresh Fruit

WEDNESDAY

Roast Beef & Gravy or Lentil & Bean under Roast (v)  
Roasted Potatoes  
Peas & Cauliflower  
  
Peach Melba (Peaches & Ice cream with raspberry sauce) or Fresh Fruit

THURSDAY

Cottage Pie or Cheese Pasta Bake (v)  
Garlic Bread  
Carrots & Sweetcorn  
  
Hot Banana Cake & Custard or Fresh Fruit

FRIDAY

Fish Fingers or Cauliflower Cheese (v)  
Chipped Potatoes  
Baked Beans & Peas  
  
Rocky Road or Fresh Fruit

Fresh fruit, salad, fresh milk and bread rolls will be available daily.  
There is also a daily jacket potato meal option.



Cornwall Food  
A fresh approach to nutrition | we care