

Beechwood Primary Academy

Weekly Newsletter

“Living, learning and thriving”



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Please follow us on the Discovery Multi Academy Trust Facebook page

7th February 2020

SUSTRANS SMOOTHIE BIKE VISIT



‘The smoothie bike helped me to learn how to make healthier choices when eating.’

‘I learnt that smoothies and healthy eating can help you when you’re poorly.’



This week, children from Beechwood were visited by Sustrans who talked about healthy eating and exercise. Each class were given the opportunity to blend different fruits using a smoothie bike.

They children learnt about the difference between natural and artificial sugars and had ago at pedalling the bike to blend the smoothies. All the children had the opportunity to try their class smoothie. The children thoroughly enjoyed the session because they were able to make smoothies and exercise at the same time. The year three children rated it “a double thumbs up”.

BOCCIA

On Wednesday, a team of young leaders from Eggbuckland CC hosted a Boccia event for four local schools including Beechwood. The children were taught the rules of the game and how to play.

This event is a great example of how practice can help us to improve as all the teams became more and more accurate, and the game was adapted in order to increase the level of challenge. This event is really all about having fun and the children certainly enjoyed themselves.

Well done to everyone involved.



DIARY DATES

(These dates may be subject to change)



2019/2020

Tues 11th Feb	Dr Bike
Thurs 13th Feb	London Trip - Yr 6
Fri 14th Feb	Mufti - Buddies
Mon 17th Feb to	Fri 21st Feb - HALF TERM
Thurs 5th Mar	World Book Day
Fri 6th Mar	Archimedes (Yr 1) Class Assembly
Fri 13th Mar	EYFS Stage Assembly
Fri 27th Mar	Mufti - Buddies
Fri 27th Mar	Easter Assembly - 9.15am
Mon 30th Mar to	Mon 13th April - EASTER BREAK
Wed 15th Apr	Class Photographs
Fri 24th April	Yr 1 Joint Class Assembly
Fri 1st May	Yr 5 Joint Class Assembly
Mon 4th May	Non Pupil Day
Fri 8th May	VE Day Bank Holiday
Sun 17th May	Plymouth Half Marathon Challenge
Mon 25th May to	Fri 29th May - HALF TERM
Thurs 23rd July	Summer Holidays Begin

2020/2021

Thurs 3rd Sept	Non Pupil Day
Fri 4th Sept	Non Pupil Day
Mon 7th Sept	Return to School
Mon 26th Oct to	Fri 30th Oct - HALF TERM
Fri 27th Nov	Non Pupil Day
Fri 18th Dec	Last Day of Term

BEECHWOOD BUDDIES

RED DISCO
Wednesday 12th February
4.15pm to 5.30pm

Letters to go out on Monday
£2.00 pay and permission slips
on the door



COFFEE AND SUPPORT GROUP

Thursday 27th Feb	9am - 10am	Home Start
Thursday 12th March	9am - 10am	PIAS
Wed 18th March	10am - 2pm	Cerebra Sleep
Thurs 26th March	9am - 10am	Friends & Family
Thursday 23rd April	9am - 10am	Money Advice
Thursday 7th May	9am - 10am	FSA

Please wait by the black gate outside the Dining Hall to sign in.

Please telephone Jenny Oliver for further information.



ATTENDANCE

The expected average percentage attendance for a child is 96%. Please see below the attendance for week beginning **27th January 2020**.

Archimedes	88.9%
Plato	93.6%
Nash	92.7%
Pascal	100%
Aristotle	89.5%
Lovelace	93.9%
Johnson	91.5%
Carroll	94.6%
Boole	95.2%
Pythagoras	94.3%
Venn	93.2%
Kelvin	86.8%
Turing	93.1%
Tao	92.7%

Well done!

**WINNERS
WOW**

**The winners
will receive
the
Attendance
Cup**



MUFTI

Your child make come to school on **Friday 14th February** in mufti clothes for a voluntary £1 contribution. All monies raised will go to Devon and Cornwall Food Action and the Dockyard Heritage Centre. Thank you.

CAPO CHAMPION

Children Affected by Parental Offending

Lindsay Cooper-Smith would like to introduce herself in the role of CAPO Champion. Lindsay will be the key contact and source of support and advice for any family affected by parental imprisonment. If you would like to speak to her, please:-

e-mail : l.cooper-smith@discoverymat.co.uk
or call : 01752 706360 and ask for Lindsay Cooper-Smith.

CLUBS

Clubs will start next week. A text has been sent out informing you of which clubs your child is on.

DR BIKE DAY

As part of the Bike It project at Beechwood Primary, we will be having a **Dr Bike Day** on **Tuesday 11th February**. This allows children to bring their bikes into school so they can be checked to ensure that they are roadworthy for the Spring term and prior to the Big Pedal event which we will be participating in after the Easter Holidays.

Dr Bike will carry out safety checks, servicing and minor repairs on any bikes that are brought into school on this day.

We hope the children will take advantage of this great opportunity.



For upcoming events for the Plymouth Schools Sports Partnership or to read some of our blogs, please visit www.yourschoolgames.com and search for our school.
<https://www.yourschoolgames.com/> <http://www.plymouthssp.co.uk/>



We did not have any suggestions in the ideas and suggestions box this week.



Have a great Weekend
Mrs Evans - Head of School

USING SOCIAL MEDIA



STAYING SAFE

- ✔ Abide by age limits – for Facebook, Instagram, Snapchat, Twitter, ASKfm and WhatsApp **you must be 13-years-old.**
- ✔ Think about what you're posting and who you want to be able to see it.
- ✔ Only use websites you know are safe.
- ✔ Put your privacy settings on high.
- ✔ Report anything you think is inappropriate or makes you feel uncomfortable.
- ✔ Set Snap Map to 'ghost mode' or don't allow Snapchat to access your device's location.
- ✔ Be careful when choosing which friends can see your location on Snap Map.
- ✘ Don't give out personal information.
- ✘ Don't talk to people you don't know.
- ✘ Don't open unusual pop-ups or links.
- ✘ Even if you are using 'ghost mode' on Snapchat, don't post to 'Our Story' unless you want your location to be visible.



CYBER BULLYING

Cyber bullying includes **sending nasty messages**, **posting things with the aim of upsetting someone**, **purposely leaving someone out** of an online group, **passing on messages and posts** with the aim of causing offence, and **posting anonymously** with the aim of causing someone harm. It can have a serious effect on people, making them feel worthless, decreasing their self-confidence and isolating them. If you are bullied online, you should take the following actions:



- Report it to an adult or to a staff member at school
- Save the messages you received
- Make a note of the user's name
- Block the user giving you the abuse
- Not reply to the messages

SEE IT, REPORT IT

If you have a concern about something online, it's important you speak to an adult you trust about it, or inform the app you're using by clicking on 'Report'.



How to behave safely and appropriately on social media.

Social media is a growing part of life outside of school. Schools have a responsibility to safeguard pupils against potential dangers when accessing the internet at school, and to educate pupils about how to protect themselves online when outside of school.

Staff, pupils and parents must use social media appropriately and safely.

With over 60 percent of the UK population having Facebook, it is clear that social media plays a large part in people's lives.

The attached poster outlines the 'do's and don'ts' of online safety, including those in relation to personal information, age limits and what sites are safe. As well as this, the poster promotes awareness of cyber bullying, by explaining what this form of bullying involves, the effects it can have on someone and what to do if you are a victim of, or witness someone being a victim of, cyberbullying.



CORONAVIRUS – PUBLIC INFORMATION

Dear Parents/guardians

A UK wide campaign has been launched to provide clear advice on how to slow the spread of Coronavirus.

You should not be unduly worried about the possibility of your children catching the Coronavirus and there is no reason why your children should not continue to attend the primary school setting as normal.

If you are considering travelling to China in during the half-term period or are a returning traveller, please refer to the FCO's latest travel advice. Please see link: <https://www.gov.uk/coronavirus>.

Whilst we take pride in the upkeep of the schools, additional measures have been put in place promoting basic hygiene practices, such as regularly washing hands, sneezing into tissues.

Please remind your children of the basic measures we can put in place to keep our environment clean and safe from unwanted bugs. Thank you.

FEAST OF FUN

Derriford Church
(United Reformed)



10:30am - 1pm
Thursday 20th February



**A range of activities,
crafts, games and lunch.
Free for all.**



Free to attend but booking advised
Email - church@derrifordchurch.co.uk
Call - 01752 212526



Derriford United Reformed Church
Powisland Drive
Derriford
PL6 6AB



For more information visit:
www.derrifordchurch.co.uk



**TRANSFORMING
PLYMOUTH
TOGETHER**

Part of the Feast of Fun programme
to combat holiday hunger in Plymouth