

Beechwood Primary Academy

Weekly Newsletter

“Living, learning and thriving”



Rockfield Avenue, Southway, Plymouth, PL6 6DX
 Tel : 01752 706360
 Email : beechwood.office@discoverymat.co.uk
 Website : www.beechwood-primary.co.uk



Please follow us on the Discovery Multi Academy Trust Facebook page

16th October 2020



WOOTON BASSET MEMORIAL GARDEN

A group of our service children decorated crosses which will be sent to the Wootton Basset memorial garden to be displayed along with others.

Mrs Oliver

This year children will have the opportunity to donate to the poppy appeal. We have a selection of red and purple crocheted poppies which have been individually packaged with a suggested donation of £1.00. The purple poppies are in remembrance of the animals that served during wartime. These will be on sale by the outdoor den. Please look for the poppy table. Thank you for your support.
Miss Francis

DIARY DATES

(These dates may be subject to change)



2020/2021

Mon 26th Oct to Tues 24th Nov	Fri 30th Oct - HALF TERM Flu Immunisation
Fri 27th Nov	Non Pupil Day
Fri 18th Dec	Last Day of Term
Mon 21st Dec to Mon 15th Feb to	Fri 1st Jan - CHRISTMAS BREAK
Mon 22nd Feb	Fri 19th Feb - HALF TERM
Thurs 1st April	Non Pupil Day
Fri 2nd April to Mon 3rd May	Fri 16th April - EASTER BREAK
Mon 31st May	Bank Holiday
	Fri 4th June - HALF TERM

POLITE REMINDER

Could we please remind parents/carers to follow social distancing whilst on the school grounds and to stay behind the red lines outside of the POD doors. This is to ensure that children, staff and parents are kept safe and we can abide by the 2m distancing rule.

Thank you to everyone who are following these guidelines and being prompt dropping children off at the doors reducing congestion on the school grounds.

Thank you.





Lisa Evans
Beechwood Primary Academy
31 Rockfield Avenue
Southway
Plymouth
PL6 6DX

Shekinah Mission (Plymouth) Limited
Bath Street
Plymouth
PL1 3LT
Tel: 01752 203480
E-mail: Reception@shekinah.co.uk
Website: www.shekinah.co.uk

Dear Ms Evans,

On behalf of Shekinah, I would like to thank you for your kind donation of **Gifts in Kind from your school** on 24th September 2020. We are grateful for your support, kindness and generosity. It really is important for the clients to know that kind people in the local community, think and care about them.

Shekinah is a charity, which has been working to help socially excluded and disadvantaged people since December 1992. Now into our 28th year, with the help of supporters such as you, Shekinah has been able to support those with complex needs into healthier, less chaotic lives. Those issues include homelessness, drug and alcohol misuse, offending, mental ill health and long-term unemployment.

People accessing our services in Plymouth and Torbay gain in personal development, confidence, training and general health. This has a positive impact on both the individuals themselves and the community at large. Shekinah seeks to break the chains of negative lifestyles, repeat offending, homelessness and unemployment.

Our aim is to give encouragement to the socially excluded, helping them to realise their full potential, move forward in their lives and have the best chance to bring real and lasting change in their lives.

Therefore, we thank you sincerely for being part of 'building lives and futures' with Shekinah.

Kind regards

Marcus Ashley
Central Administrator

SHEKINAH DONATION FOR HARVEST

In past years, we have been able to collect donations from the community to pass on to the Shekinah mission, and although this was not possible this Harvest, we felt it was more important than ever to support those less fortunate than ourselves.

We were able to secure additional food from the Government to help the mission and these donations were forwarded to Shekinah.

We were thrilled that they sent us this letter.

MindEd FOR FAMILIES

Are you a parent or carer who is concerned about the mental health of your child or teenager? Do you just want some hints and tips on parenting? MindEd for Families has advice and information from trusted experts and will help you to understand what problems occur, what you can do to best support your family, and how to take care of yourself. MindEd for Families is written by a team of specialists and parents, working together.

<https://www.minded.org.uk/>



AGGIE'S IN THE ARK

Coffee and chat over Zoom

Monday 19th October at 11.00am

860 4544 6746
Passcode : 259560

Monthly get together on the 3rd
Monday of each month

Join up for the chance to talk to other parents
who have children with SEN.

Sometimes we might be able to invite professionals to help with specific enquiries, but this is not a formal group, more of a chat and coffee together over zoom.

All conversations are confidential, whilst adhering to
Aggie's safeguarding policy

We look forward to meeting you on-line.

Any queries, please contact:

jennintheark@aggies.org.uk



ATTENDANCE

After completing our attendance review this week with our Educational Welfare Officer, we are pleased to see some really good attendance in school.

We would like to reassure parents that if your child is off due to a Covid related issue, they will be given an authorised absence and this will not affect their overall attendance.

Please can we remind parents that if your child is not in school to leave a message on the absence line giving a reason for this. If we do not hear from parents this will be recorded as an unauthorised absence. Thank you.

YEAR 6 SECONDARY SCHOOL CHOICE

Please be reminded that it is that time of year for Year 6 children to make their choice for secondary schools.

We have been asked by Plymouth City Council to email information to you. Please ensure you have your child's Parent Pay account activated.

The deadline for Admissions is **31st October 2020**.

Please use following link:-

www.plymouth.gov.uk/schooladmissions

Have a great Weekend!
Mrs Evans - Head of School

What children need to know about

ONLINE BULLYING



What is online bullying?

ONLINE BULLYING – ALSO KNOWN AS CYBERBULLYING – IS BULLYING THAT TAKES PLACE ON THE INTERNET OR VIA ELECTRONIC DEVICES AND MOBILE PHONES. IT CAN INCLUDE:

1. SENDING SOMEONE MEAN OR THREATENING EMAILS, DIRECT MESSAGES OR TEXT MESSAGES
2. HACKING INTO SOMEONE'S ONLINE ACCOUNT
3. BEING RUDE OR MEAN TO SOMEONE WHEN PLAYING ONLINE GAMES
4. POSTING PRIVATE OR EMBARRASSING PHOTOS ONLINE OR SENDING THEM TO OTHERS
5. CREATING FAKE SOCIAL MEDIA ACCOUNTS THAT MOCK SOMEONE OR TRICK THEM
6. EXCLUDING SOMEONE FROM AN ONLINE CONVERSATION OR BLOCKING THEM FOR NO REASON

BE KIND ONLINE

BEFORE PRESSING 'SEND' ON COMMENTS, ASK YOURSELF THESE 3 QUESTIONS...

1. WHY AM I POSTING THIS?
2. WOULD I SAY THIS IN REAL LIFE?
3. HOW WOULD I FEEL IF SOMEBODY SAID THIS TO ME?

NOS
National
Online
Safety

#WakeUpWednesday

www.nationalonlinesafety.com

Twitter - @natonlinesafety

Facebook - /nationalonlinesafety

Phone - 0800 368 8061

Why does it happen?

GOING ONLINE MAKES IT EASIER FOR PEOPLE TO SAY AND DO THINGS THEY PROBABLY WOULDN'T DO FACE TO FACE. ONLINE BULLIES DON'T GET TO SEE THEIR VICTIMS' REACTIONS IN REAL LIFE, SO THIS CAN COOON THEM FROM THE REAL DAMAGE THAT THEY ARE DOING. OFTEN, PEOPLE BULLY BECAUSE THEY ARE GOING THROUGH SOMETHING DIFFICULT THEMSELVES AND TAKING IT OUT ON OTHERS IS THE ONLY WAY THEY KNOW HOW TO GET CONTROL OF THEIR OWN EMOTIONS.

How does it feel to be bullied?

BEING BULLIED CAN IMPACT ON YOUR SELF-ESTEEM, CONFIDENCE AND SOCIAL SKILLS. BECAUSE IT HAPPENS ON YOUR PHONE, TABLET OR COMPUTER, IT CAN FEEL LIKE YOU ARE UNDER THREAT EVEN WHEN YOU'RE IN A SAFE ENVIRONMENT, SUCH AS YOUR BEDROOM. DON'T FORGET...IT IS NOT YOUR FAULT IF YOU'RE BEING BULLIED.

Am I an online bully?

SOMETIMES IT ISN'T OBVIOUS THAT WHAT YOU ARE DOING IS WRONG, BUT IF YOU USE DIGITAL TECHNOLOGY TO URGET, ANGER OR EMBARRASS SOMEONE ON PURPOSE, THIS MEANS YOU'RE INVOLVED IN ONLINE BULLYING. IT MIGHT BE AS SIMPLE AS 'LIKING' A MEAN POST, LAUGHING AT AN ONLINE VIDEO, OR SPREADING A RUMOUR. BUT THE PERSON BEING BULLIED COULD FEEL LIKE THEY ARE BEING GANGED UP ON. THINK ABOUT HOW IT WOULD MAKE YOU FEEL IF IT HAPPENED TO YOU. EVERYONE CAN MAKE MISTAKES, BUT IT'S IMPORTANT TO LEARN FROM THEM – GO BACK AND DELETE ANY UPSETTING OR NASTY POSTS, TWEETS OR COMMENTS YOU'VE WRITTEN.

Who do I tell?

YOU DON'T HAVE TO DEAL WITH THE BULLYING ON YOUR OWN. TALK TO AN ADULT THAT YOU TRUST – A PARENT, GUARDIAN, OR TEACHER. MOST WEBSITES, SOCIAL MEDIA WEBSITES AND ONLINE GAMES OR MOBILE APPS LET YOU REPORT AND BLOCK PEOPLE WHO ARE BOTHERING YOU. YOU COULD ALSO CONTACT CHILDLINE (WWW.CHILDLINE.ORG.UK), WHERE A TRAINED COUNSELLOR WILL LISTEN TO ANYTHING THAT'S WORRYING YOU – YOU DON'T EVEN HAVE TO GIVE YOUR NAME.

How do I prove it?

WHEN CYBERBULLYING HAPPENS, IT IS IMPORTANT TO DOCUMENT AND REPORT THE BEHAVIOUR, SO IT CAN BE ADDRESSED – RECORD THE DATES AND TIMES WHEN CYBERBULLYING HAS OCCURRED, AND SAVE AND PRINT SCREENSHOTS, EMAILS, AND TEXT MESSAGES.

How can I stay safe?

MAKE SURE YOUR PRIVACY SETTINGS ARE SET SO THAT ONLY PEOPLE YOU KNOW AND TRUST CAN SEE WHAT YOU POST. NEVER GIVE OUT PERSONAL INFORMATION ONLINE, SUCH AS IN PUBLIC PROFILES, CHAT ROOMS OR BLOGS, AND AVOID FURTHER COMMUNICATION WITH THOSE SENDING THE MESSAGES. KEEP AWARE OF FAKE PROFILES AND INTERNET USERS PRETENDING TO BE SOMEONE THAT THEY ARE NOT.



For upcoming events for the Plymouth Schools Sports Partnership or to read some of our blogs, please visit www.yourschoolgames.com and search for our school.

<https://www.yourschoolgames.com/> <http://www.plymouthssp.co.uk/>



COVID-19 INFORMATION PAGE

CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as possible.



Catch it! Bin it! Kill it!

We are entering the cold and flu season and with the current situation regarding Covid 19, it is even more important that children remember the Catch it! Bin It! Kill it! routine.

This, along with regular handwashing throughout the day is a vital way to reduce the transmission of infection, not only for Covid but also colds and flu during these challenging times.

Please reinforce the Catch it! Bin It! Kill it! routine with your children at home.

Thank you.



If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste

This could be a sign of
coronavirus

[Book a test](#)

If your child has:
a runny nose, is sneezing or
feeling unwell
But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in,
sense of smell or taste

These are
not normally symptoms of
coronavirus

Seek advice from a pharmacy, dial
111 or see your GP

NHS APP

The new NHS Covid19 app is now available to download.

This app is available for anyone **aged 16 years and above**. Please follow the link for further information.

<https://covid19.nhs.uk/pdf/introducing-the-app.pdf>

DFE HELPLINE FOR EDUCATION

The DfE have set up a helpline for Education advice regarding the Covid-19 virus for staff and parents.

Phone : 0800 046 8687

Email : DfE.coronavirushelpline@education.gov.uk

Opening hours : 8am to 6pm (Monday to Friday)

COVID TESTING

If parents or carers are unable to book a local Covid test slot, then they can use the email below explaining that the test is for a child attending a Plymouth school. The CCG team will triage those families with children and adults with symptoms and book them in for a test and provide information on how to get to the site. A priority is given to key worker parents, to help support the local key worker workforce and get staff back to work.

d-ccg.cornwalldevon.urgenttesting@nhs.net

IMPORTANT INFORMATION FOR HOME SCHOOLING DURING ISOLATION OR QUARANTINE



For children who are self-isolating or quarantining, we are pleased to direct you to the following link for Home Learning:-

<https://www.bbc.co.uk/bitesize/articles/zknj4xs>

Please click on the appropriate year group and you can access lots of activities for your child. Your child's teacher will also be in contact on eSchools or tapestry and they will be happy to answer any questions or respond to messages relating to Home Learning.

If you require any information about logging into eSchools or Tapestry, or any information about your child's learning while they are away from school, please do not hesitate to contact the school office who can make sure your query is directed to the teacher. Thank you.



FLU VACCINATIONS—ELECTRONIC CONSENT
Remember to book your child's on-line flu vaccination:-

<https://schoolimms.virginicare.co.uk/flu/2020/devon>