

## Promoting SMSC and FBV through PE

Area	Opportunities
<p><u>Spirituality</u> Explore beliefs, experience and faiths, feelings and values; enjoy learning about oneself, others and the surrounding world; use imagination and creativity and reflect on experiences</p>	<ul style="list-style-type: none"> <li>• Take part in outdoor and adventurous activities</li> <li>• Express feelings, ideas and emotions through dance and movement</li> <li>• Explore the effects of exercise on their bodies</li> </ul>
<p><u>Moral</u> Recognise right and wrong and respect the law; understand consequences; investigate moral and ethical issues and offer reasoned views</p>	<ul style="list-style-type: none"> <li>• Explore what it means to be fair in competitive sport, for example, 'should you dive for a penalty?'</li> <li>• Follow rules to play games</li> <li>• Explore the consequences of not playing fairly</li> </ul>
<p><u>Social</u> Use a range of social skills to participate in the local community and beyond; appreciate diverse viewpoints; participate, volunteer and cooperate; resolve conflict</p>	<ul style="list-style-type: none"> <li>• Play in teams</li> <li>• Co-operate with others in games, dance and outdoor and adventurous activities</li> <li>• Explore what makes a good team</li> <li>• Have the opportunity to work alongside sports professionals</li> <li>• Actively engage in extra-curricular sporting activities, inter-school competition and clubs</li> <li>• Take turns</li> <li>• Enjoy communicating and collaborating with each other</li> <li>• Enjoy competition against each other and themselves</li> </ul>
<p><u>Cultural</u> Appreciate cultural influences; appreciate the role of Britain's parliamentary system; participate in culture opportunities; understand, accept, respect and celebrate diversity</p>	<ul style="list-style-type: none"> <li>• Explore sports and sporting heroes from a range of cultures</li> <li>• Take part in celebrating national and cultural events, for example, the Olympics or the World Cup</li> <li>• Explore dance from a range of cultures and historical periods</li> <li>• Take part in and have the opportunity to watch dance and sporting performances in and out of school</li> </ul>
<p><u>Democracy</u> A system where everyone plays a part</p>	<ul style="list-style-type: none"> <li>• Learn rules for different games and sports</li> <li>• Co-operate with others as part of a team</li> <li>• Vote for the activities they want to learn about or participate in</li> <li>• Support other team members</li> </ul>
<p><u>Rule of Law</u> The principle that all people and institutions are subject to and accountable for their actions and behaviour</p>	<ul style="list-style-type: none"> <li>• Learn about and follow health and safety rules when taking part in sporting activities</li> <li>• Where appropriate, learn about the rules regarding sport and substance abuse</li> <li>• Where appropriate, learn about legislation relating to bribery in sport, for example, cricket, football and tennis</li> </ul>
<p><u>Individual liberty</u> Being free to express views or ideas</p>	<ul style="list-style-type: none"> <li>• Express their ideas through art, music and play</li> <li>• Give an opinion or share an idea about something important to them</li> <li>• Have the opportunity to express a preference for a particular sport and to follow routes for developing this further, for example, through external clubs or sporting academies</li> </ul>

	<ul style="list-style-type: none"> <li>• Set personal targets for sporting achievement, for example, running the 100m in a faster time and being able to do 10 skips with a rope</li> <li>• Create their own games with rules and scoring systems</li> </ul>
<p><u>Tolerance and respect</u> The ability or willingness to respect and tolerate the opinions or behaviour of others</p>	<ul style="list-style-type: none"> <li>• Play co-operatively</li> <li>• Work and play in different social groups</li> <li>• Listen to others in activities such as circle time or during shared play</li> <li>• Demonstrate tolerance and mutual respect when playing against other teams</li> <li>• Take part in peer evaluation of skill and performance</li> </ul>