



24<sup>th</sup> October 2020

## **Advice to all parents – COVID-19**

Dear Parents / Carers

We have been advised today that there has been a confirmed case of COVID-19 for a child within the Newlyn (Y3) class bubble.

The child involved has been self-isolating since the 15<sup>th</sup> October due to close contact with a person who had previously tested positive for COVID-19. We have consulted with Public Health England who have advised that as the child was not in school for a number of days prior to their positive test, they were already isolating at the start of their infectious period. As a result of this, **there is no requirement for anybody within the bubble to isolate unless they subsequently develop symptoms.**

We know that you may find this concerning but please be reassured that the school is thoroughly cleaned and disinfected daily and continues to implement a full range of measures to keep children and staff as safe as possible. We will continue to monitor the situation and work closely with Public Health England.

## **What to do if your child develops symptoms of COVID-19**

If your child does develop symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms should seek a test and this can be arranged via the NHS test portal (<https://www.nhs.uk/ask-for-a-coronavirus-test>) or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school/college or public areas and exercise should be taken within the home only.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

### **Symptoms of COVID-19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell

For most people, coronavirus (COVID-19) will be a mild illness.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

Do:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and noses with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information can be found at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

I am sorry that this news comes at the start of the half term break, however, I wanted to ensure that you were made fully aware of the situation as soon as possible. I wish you all a safe week and look forward to seeing the children back in school on Monday 2<sup>nd</sup> November.

Best wishes,

Cathryn Andrews  
Headteacher

