

PE funding 2018-19

As a result of the government funding to support healthy, active pupils, Woodside were allocated £17,500, from the DFE sports premium for 18/19. This was used to improve the provision of PE and sport for all pupils. Sustainable use of this money has been promoted by investing in staff CPD, taking local sports clubs into account when choosing which sports to offer and by monitoring the impact of previous spending to inform future spending.

Increased sports provision and promoting links between exercise and healthy eating encourage positive lifestyle choices. Children are always encouraged to; enjoy sport, play in a fair and sporting manner and to do their best.

Statement and use of funds

Allocation	Cost £	Expected outcome	Actual outcome
PE Resources	1000	Improved resources for delivery of PE across the school for curriculum and after school use and wrap around care provision	These resources included boxercise equipment for a lunchtime club to re-engage some disengaged children. Dodgeball and handball equipment was purchased as we introduced these sports to the curriculum in order to offer a broader range of PE.
Provide access to additional outdoor education for children	500	Improve fitness and self esteem	Subsidised Y6 trip to Whitemoor Lakes enabled children to participate in outdoor activities.
Subsidise before and after school enrichment sports activities (Funding for clubs and external providers)	1500	Provide clubs at reduced costs to enable more children to participate in a wider range of activities Provide high quality team games and forge links with local sports clubs to increase likelihood of children continuing with sport outside of school	Links forged with Atherstone Hockey Club and Atherstone Cricket Club After school girls 7 a-side football club was initiated by Y5 teacher and led to a local village girl's football being formed. There are now over 20 girls from Woodside playing competitive football on a weekly basis.
Subsidise cost of activities in Health and Mental wellbeing week February 2109	500	Activities organised for all children to promote an increased understanding of mental and physical wellbeing	Yoga and TaiChi sessions for all children
Contribution to transport costs for children to participate in competitions and competition package delivered by NWSSPA	1900	Enable more children to compete at a greater number of events throughout the year (in response to difficulties with	See list of events which Woodside has participated in - particular successes to note - two teams through to finals of cricket tournaments at

		transport in rural areas).	Edgbaston. Coaches funded for Quad Kids and subsidised coaches for other local competitions
CPD for teachers NQT received training on NFL Flag and cricket	600	To upskill the staff at Woodside to be able to teach effectively a wide range of sports	Y5 through to the NFL Flag midlands competition- Two school teams through to the finals at Edgbaston July19
Organise a sporting motivational speaker to lead an assembly and deliver workshops	500	To motivate and inspire children to be more active and aspire to become successful sportspeople.	Speaker arranged for September 18 -England women's rugby player
Purchase and installation running track to introduce a 'daily mile' initiative. Sept 18	12,000	This will allow more children to be more active during break and lunchtimes and to increase general fitness. Targets will be set for all children to use daily.	All children ran at least 26 miles during the year on the running track alone, others achieved higher milestones, 40, 75 and 100 miles. Distance for whole school over the year was over 9000 miles! Thereby increasing all of the children's activity level from sedentary to moderately active on an almost daily basis contributing to the government's aim of 60 minutes/day exercise.
Total	18,500		

In addition to this, Woodside offers a wide range of before and after school activities, at a small per session cost, subsidised partly by Sports premium, which provide further opportunities for children to improve their level of fitness and enjoyment of sport (eg. running , circuits ,girls football, football, gymnastics, athletics, tennis, KS1 multi-sport, netball, rugby, cricket, hockey)

Extra-curricular sporting activities at Woodside

Club/Activity	Age group	Average no. participating	Regularity
Football	Y3-6	20	Weekly Autumn and Spring term
Girls football	Y4-6	20	Weekly across the year
Hockey	Y3-6	20	Weekly in the autumn term
Boxercsie	Y6	8	Weekly Spring & summer term
Multi sports	Y1-2	15	Weekly across the year

Gymnastics	Y3-4	15	Weekly Spring term
Running	Y3-6	12-18	Weekly across the year
Dance	Y3-6	14	Weekly Autumn term

Competitive School Sport

Sport	Age group	Participation no.	Regularity	Term
Football Mixed and girls	7-11	20	Several times per term	Autumn & Spring
Cricket	Y4 & Y5	32	6 x 1 hours specialist teaching , followed by inter schools tournaments and final at Edgbaston	Summer
Hockey	Y5 & Y6	28	6 x 1.5 hours specialist teaching , followed by inter school tournament	Autumn & Spring
Cross country	Whole school	210	Every September	Autumn
Cross country	6-11	8-10	2 events per term	All year
Sports hall athletics	Y5 & Y6	28	Annual event	Autumn
Swimming	7-11	12	Annual gala event	Spring
Tag rugby	7-11	14	Knockout event	Autumn
Quad kids	6-9	34	Annual event	Spring
Sports day	Whole school	210	Annual event	Summer
Rounders	7-11	16	Several times per term	Summer
Athletics	7-11	40	Annual event	Summer
NFL	Year 5	25	Tournament	June 19