

CURRY RIVEL CHURCH OF ENGLAND PRIMARY SCHOOL

RSE & PSHE Curriculum Overview

	Year R/1	Year 1/2	Year 2/3	Year 3/4	Year 4/5	Year 6
On-Line Safety (Taught by class teachers, one lesson each half term. Source: ELIM Active Bytes Schemes)	Autumn: I am kind and Responsible (Link to Anti-Bullying Week) Spring: I am safe (Link to Safer Internet day) Summer: I am healthy	Autumn: I am kind and Responsible (Link to Anti-Bullying Week) Spring: I am safe (Link to Safer Internet day) Summer: I am healthy	Autumn: I am kind and Responsible (Link to Anti-Bullying Week) Spring: I am safe (Link to Safer Internet day) Summer: I am healthy	Autumn: I am kind and Responsible (Link to Anti-Bullying Week) Spring: I am safe (Link to Safer Internet day) Summer: I am healthy	Autumn: I am kind and Responsible (Link to Anti-Bullying Week) Spring: I am safe (Link to Safer Internet day) Summer: I am healthy	Autumn: I am kind and Responsible (Link to Anti-Bullying Week) Spring: I am safe (Link to Safer Internet day) Summer: I am healthy
Health and wellbeing (Autumn Term)	<ul style="list-style-type: none"> • Wonderful me • What am I like? • Ready for bed • Relaxation • Hand washing & personal hygiene • Allergies • People who help us stay healthy 	<ul style="list-style-type: none"> • Experiencing different emotions • Being active • Relaxation • Steps to success • Growth mindset • Healthy diet • Dental health 	<ul style="list-style-type: none"> • My healthy diary • Relaxation • Who am I? • My superpowers • Breaking down barriers • Dental health 	<ul style="list-style-type: none"> • Diet and dental health • Visualisation • Celebrating mistakes • My role • My happiness • Emotions • Mental health 	<ul style="list-style-type: none"> • Relaxation • The importance of rest • Embracing failure • Going for goals • Taking responsibility for my feelings • Healthy meals • Sun safety 	<ul style="list-style-type: none"> • What can I be? • Mindfulness • Taking responsibility for my health • Resilience toolkit • Immunisation • Physical health concerns • Habits – positive and negative
Family and relationships (Spring Term)	<ul style="list-style-type: none"> • Introduction to RSE • What is family? • What are friendships? • Family and friends help and support each other • Making friends • Friendship problems • Healthy Friendships 	<ul style="list-style-type: none"> • Introduction to RSE • Families offer stability and love • Families are all different • Managing friendships • Unhappy friendships • Valuing me • Manners & courtesy • Loss and change 	<ul style="list-style-type: none"> • Introduction to RSE • Healthy families • Friendships - conflict • Effective communication • Learning who to trust • Respecting differences • Stereotyping 	<ul style="list-style-type: none"> • Introduction to RSE • Respect & manners • Healthy friendships • My behaviour • Bullying • Stereotypes • Families in the wider world • Loss and change 	<ul style="list-style-type: none"> • Introduction to RSE • Build a friend • Resolving conflict • Respecting myself • Family life • Bullying 	<ul style="list-style-type: none"> • Introduction to RSE • Respect • Developing respectful relationships • Stereotypes • Bullying • Being me • Loss and change

<p>Safety and the changing body (Summer Term)</p>	<ul style="list-style-type: none"> • Sun safety • Getting lost • Making a call to the emergency services • Asking for help • Appropriate contact • Medication • Safety at home • People who help to keep us safe • Transition lesson 	<ul style="list-style-type: none"> • The Internet • Communicating online • Secrets and surprises • Appropriate contact • Road safety • Drug education • Transition lesson 	<ul style="list-style-type: none"> • Basic first aid • Communicating safely online • Online safety • Fake emails • Drugs, alcohol & tobacco • Keeping safe out and about • Transition lesson 	<ul style="list-style-type: none"> • Online restrictions • Share aware • Basic first aid • Privacy and secrecy • Consuming information online • The changing adolescent body (puberty) Y4 only. • Transition lesson 	<ul style="list-style-type: none"> • Online friendships • Identifying online dangers • The changing adolescent body (puberty, including menstruation) Y5 only. • First aid • Drug education • Transition lesson 	<ul style="list-style-type: none"> • Drugs alcohol & tobacco • First aid • Critical digital consumers • Social media • The changing adolescent body, puberty, (conception, birth-Y6 only. Parents can withdraw.) • Transition lesson
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<p>Citizenship <u>Democracy:</u> Democracy Day in September based on British Values. <u>Responsibility:</u> Values Day in January based on 'Courageous Advocacy' Value link: Courage <u>Community:</u> Values Day in April based on 'being a caring citizen'. Value link: Love</p>	<p>Responsibility</p> <ul style="list-style-type: none"> • Rules • Caring for others: Animals • The needs of others <p>Community</p> <ul style="list-style-type: none"> • Similar, yet different • Belonging <p>Democracy</p> <ul style="list-style-type: none"> • Democratic decisions 	<p>Responsibility</p> <ul style="list-style-type: none"> • Rules beyond school • Our school environment • Our local environment <p>Community</p> <ul style="list-style-type: none"> • Job roles in our local community • Similar yet different: My local community <p>Democracy</p> <ul style="list-style-type: none"> • School Council • Giving my opinion 	<p>Responsibility</p> <ul style="list-style-type: none"> • Rights of the child • Rights and responsibilities • Recycling <p>Community</p> <ul style="list-style-type: none"> • Local community groups • Charity <p>Democracy</p> <ul style="list-style-type: none"> • Local democracy • Rules 	<p>Responsibility</p> <ul style="list-style-type: none"> • What are human rights? • Caring for the environment <p>Community</p> <ul style="list-style-type: none"> • Community groups • Contributing • Diverse communities <p>Democracy</p> <ul style="list-style-type: none"> • Local councillors 	<p>Responsibility</p> <ul style="list-style-type: none"> • Breaking the law • Rights and responsibilities • Protecting the planet <p>Community</p> <ul style="list-style-type: none"> • Contributing to the community • Pressure groups <p>Democracy</p> <ul style="list-style-type: none"> • Parliament 	<p>Responsibility</p> <ul style="list-style-type: none"> • Human rights • Food choices and the environment • Caring for others <p>Community</p> <ul style="list-style-type: none"> • Prejudice and discrimination • Valuing diversity <p>Democracy</p> <ul style="list-style-type: none"> • National democracy

<p>Economic wellbeing</p> <p><u>Money:</u> Values Day in May based on 'being confident with money'</p>	<p>Money</p> <ul style="list-style-type: none"> • Introduction to money • Looking after money • Banks and building societies • Saving and spending 	<p>Money</p> <ul style="list-style-type: none"> • Where money comes from • Needs and wants • Wants and needs • Looking after money 	<p>Money</p> <ul style="list-style-type: none"> • Ways of paying • Budgeting • How spending affects others • Impact of spending 	<p>Money</p> <ul style="list-style-type: none"> • Spending choices/ value for money • Keeping track of money • Looking after money 	<p>Money</p> <ul style="list-style-type: none"> • Borrowing • Income and expenditure • Risks with money • Prioritising spending 	<p>Money</p> <ul style="list-style-type: none"> • Attitudes to money • Keeping money safe • Gambling
<p>Primary Futures</p> <p>Values Day in July based on building confidence in the future. Value link: Hope</p>	<p>Career and aspirations</p> <p>Jobs in school</p>	<p>Career and aspirations</p> <p>Jobs</p>	<p>Career and aspirations</p> <p>Jobs and careers Gender and careers</p>	<p>Career and aspirations</p> <p>Influences on career choices Jobs for me</p>	<p>Career and aspirations</p> <p>Stereotypes in the workplace</p>	<p>Career and aspirations</p> <p>What jobs are available Career routes</p>