



BDMAT
Birmingham Diocesan
Multi-Academy Trust

Birmingham Diocesan Multi-Academy Trust
1 Colmore Row,
Birmingham
B3 2BJ
www.bdmatschools.com

**Government guidance regarding rapid lateral flow testing for households
and bubbles of school pupils and staff**

Thursday 4th March 2021

Dear Parent / Guardian

Please follow the guidance below, published by the government on 27 February 2021, in order to get your twice weekly test.

The government is recommending that households with primary aged children carry out a COVID-19 lateral flow test twice per week. Unfortunately, the government is not issuing these to schools to distribute to parents.

There are different ways to get a test for members of households, childcare and support bubbles in England **who do not have symptoms of coronavirus.**

Members of households, childcare or support bubbles

From 1 March 2021, if you're a member of a household, childcare bubble or support bubble of a pupil you can get a twice-weekly test:

- through your employer if they offer testing to employees
- at a local test site
- by collecting a home test kit from a test site
- by ordering a home test kit online

Get a test through your employer

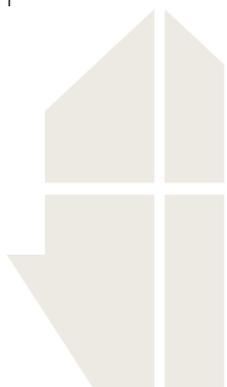
Your workplace may offer rapid lateral flow testing to you. Contact your employer to find out more.

Take a test at a rapid lateral flow test site

You can take a rapid lateral flow test at a local site. Testing at these sites is assisted, which means you will swab yourself under the supervision of a trained operator.

You may need to book an appointment.

[Find your nearest rapid lateral flow test site.](#)



Collect test kits

You can collect 2 packs of home test kits at a local collection point. Each pack contains 7 tests. Anyone 18 or over can collect.

Most collection points are open from 1.30pm to 7pm. You can check online if the location is open or busy before you go. You do not need to make an appointment.

Do not visit a collection point outside opening hours, as it may be used to test people with coronavirus symptoms outside these times.

[Find your nearest home test kit collection point.](#)

Order home test kits online

If you cannot get tested at your workplace, or are unable to go to a test site or collect test kits, you can order a home test kit online.

Do not order online if you can get a test through other methods; this frees up home delivery for those who need it most.

[Order rapid lateral flow home test kits](#)

What twice-weekly testing involves

You will be asked to:

- take a test twice a week (every 3 or 4 days apart)
- report every result to NHS Test and Trace on the same day you take the test

[Report your test result online](#) or by calling 119.

If anyone tests positive or gets coronavirus symptoms, they should tell the school and:

- self-isolate immediately
- get a PCR test to confirm the result
- follow the [stay at home guidance for households with possible coronavirus infection](#)

A negative result means the test did not find signs of coronavirus. But this does not guarantee you do not have coronavirus, so you should keep following all [coronavirus advice](#) including:

- regular handwashing
- social distancing
- wearing a face covering where recommended

Please remember that if you have symptoms of coronavirus to follow the government guidance below.

If you have coronavirus symptoms

The most important symptoms of COVID-19 are recent onset of any of the following:

- a new continuous cough
- a high temperature



- a loss of, or change in, your normal sense of taste or smell (anosmia)

If you have symptoms of COVID-19, arrange to have a PCR test if you have not already had one. Stay at home while you are waiting for a home self-sampling kit, a test site appointment or a test result. **Do not use the rapid lateral flow testing service as this is only for people without symptoms.**

[Order a test for people with symptoms](#) online or call 119.

About 1 in 3 people with coronavirus do not have symptoms but can still pass it on to others. Regular testing of people without symptoms is important to help stop the virus spreading and protect your loved ones. As lockdown restrictions gradually ease we all need to play our part to help protect each other.

Thank you for following this guidance and in doing so protecting our pupils and staff.

Yours sincerely



Dr Christopher Mansell
Chief Executive Officer

