



Listen and draw

Listen to 'Flight of the bumblebee' and draw what you hear or draw how the music makes you feel.

You can also use soundtracks from films such as Harry Potter, Star Wars and The Incredibles.

Moving to music

Listen to Camille Saint-Saens's 'Carnival of the Animals'. Move around the room silently, expressing how you felt while listening to it.

Singing squiggles

Draw some squiggly lines on a piece of paper. Trace it with your finger and make your voice go up and down with the line.

Making a song

Make up a song about your day. Include what you ate, where you went for a walk, who you were with, the weather etc.