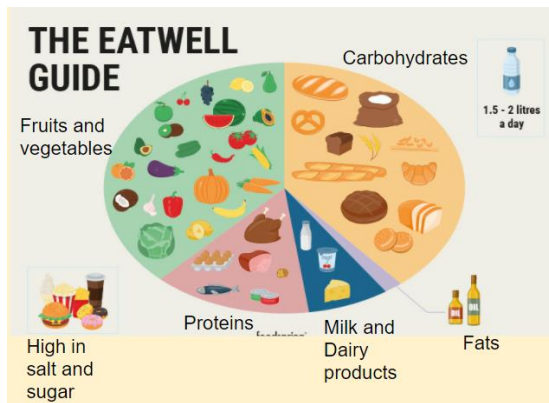


Science Challenge 1: Healthy Eating (healthy menu)



This week in Science, you are learning all about living things and what types of food they need to eat.

Your tasks are to think about how humans can eat healthily!

TASK: Design a healthy menu for a restaurant. Think about how you can include different types of food (proteins, carbohydrates, fruits and vegetables, fats, and dairy).