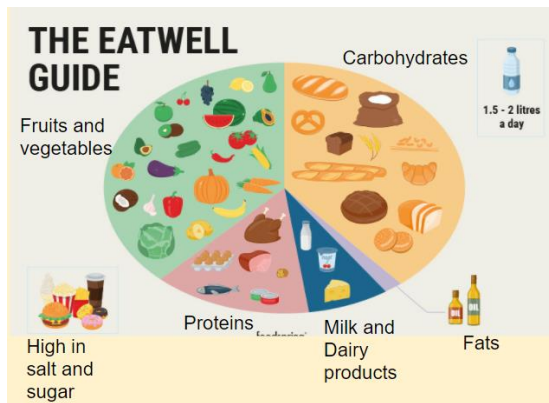


Science Challenge 3: Healthy Eating (A-Z of healthy foods)



TASK: Create a healthy eating A-Z list. For example, A=apple, B=brown bread etc. Think about what type of food each of your items is. Is it protein, carbohydrates, fruit or vegetable, fats, or dairy?

