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Wednesday 17th October 2018



Dear Parents and Carers,

On Thursday 1st November 2018, we will be holding an NSPCC 'PANTS DAY' here at The Prince of Wales School. On this day, children and staff are welcome to wear a pair of pants on the outside of their school uniform!

As part of the day, we will be discussing the 'NSPCC's Underwear Rule' in our lessons. During our discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse.

PANTS stands for:

- **P**rivates are private
- **A**lways remember your body belongs to you
- **N**o means no
- **T**alk about secrets that upset you
- **S**peak up, someone can help



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The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate.

These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe, more information can be found at [www.nspcc.org.uk/underwearrule](http://www.nspcc.org.uk/underwearrule).

As part of the 'PANTS DAY', we will also be running two parent workshops on Thursday 1st November 2018 in partnership with the Dorset Safeguarding Children's Board -

Session One - 09:00am in the Pre-School Hall - **ALL WELCOME**

Session Two - 03:00pm in the Main School Staff Room / Training Centre - **ALL WELCOME**

Parents/carers are asked to register their interest for a place by contacting the school office - [office@princeofwales.dorset.sch.uk](mailto:office@princeofwales.dorset.sch.uk) prior to Tuesday 30th October 2018.

If you have any questions or concerns about the above, please don't hesitate to contact me.

Yours faithfully,



Mr. Gary Spracklen



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