



OUR SCHOOL VALUES: RESPECT - UNDERSTANDING – PEACE – HONESTY – RESPONSIBILITY - TEAMWORK

26<sup>th</sup> February 2021

Dear Parents

**Not long until we are together again...**

I am sure you will all have mixed views about returning to school and I wanted to reassure you that we are once again reviewing our risk assessment to see what further measures can be put in place to make our environment as safe as possible for all members of our community. One change is that staff are now Lateral Flow testing twice a week. (NB Primary school aged children are not expected to test) I for one am really looking forward to seeing everyone back in school on the 8<sup>th</sup> March and aim to provide further details about pick up/ drop off arrangements, clubs etc. towards the end of next week.

**Next week...**

As you know, next Thursday will be World Book Day (see letter sent out yesterday for details of the full range of exciting activities we have planned). We are hoping that your last two days of supporting remote learning will be a slightly more relaxed fun time before they return to school ready for British Science Week, which starts on the 8<sup>th</sup> March!

On Friday, 5th March at 9.30am you will all have the option to join a live fitness and fun session from Mr Motivator called 'Motivation Experience'. We will be joining several other Chesham schools for this bespoke experience. Mr M wants to help make students, families and communities feel good and special in these strange times. This motivational experience will involve 20 minutes of movement to music with a short, motivational chat. It is designed for any age group, any level of fitness and great for the whole family to take part.

MR MOTIVATOR is inviting you to a scheduled MOTIVATION EXPERIENCE  
<https://us02web.zoom.us/j/83630720250?pwd=bWJvYzB5c25teIFfb2VTRTMpRmp3UT09>  
Meeting ID: 836 3072 0250 Passcode: MBEMRM

Attached to this newsletter is a preview and introductory message from Mr Motivator.

**Wellbeing**

Supporting Parents Helpfinder (Young Minds)

Times are tough for many people right now. Parents find themselves pulled in many different direction and children may be struggling being in the house for so much longer than usual. A mixture of concern about covid, work from home and children at home, along with a possible financial impact make for a stressful household.

Young Minds have created a useful 'Supporting Parents Helpfinder'. By answering six questions, parents can find out how to support their child's mental health during the pandemic (and beyond).

Find the helpfinder here: <https://youngminds.org.uk/supporting-parents-helpfinder/>

When Emotions Explode (Young Minds)

Young Minds have also created a useful poster highlighting ways to give support to children when they have angry feelings or outbursts and may help families start a conversation and talk about each other's feelings.

You can download the poster here:

<https://youngminds.org.uk/media/4291/when-emotions-explode-poster.pdf>

### **Putnams Baking Competition**

Our first House Competition is from Putnams and is just for children who are in Putnams. However, if you are not a member of Putnams but would like to join in the fun, please send a message with a photo of your creation to Mrs Kretschmer who will pop it into a gallery in eSchools (but not into the competition). Have fun baking and creating. I can't wait to see all those book-themed cake photographs appear on eSchools.

I'm also looking forward to seeing what competitions Dinnetts and Orchards think up in the next few weeks!

### **New Email Address**

Thank you for using our new/ much easier office email address [office@hcschool.uk](mailto:office@hcschool.uk)



Finally, I am not going to say anything about Spring or the weather, but take a look at this beautiful snowdrop picture which I spotted during the half term break. I bet you have spotted some too!

I leave you with our school Bible verse. Be kind to one another, make the most of your time together in this last week of remote learning and enjoy the exciting week ahead.

**John 13: v34 'Love one another as I have loved you.'**

Kind regards  
Mrs R Phillips  
Headteacher