



Physical Education Curriculum Statement

Intent

Physical activity is a vital part of every child's day and school life. Children are provided with an inclusive, broad and balanced Physical Education curriculum that ensures all children will benefit, whether through acquiring and developing skills; selecting and applying skills, tactics and compositional ideas; knowledge and understanding of fitness and health; and evaluating and improving performance. It is our intent to ensure children understand the importance of leading a healthy lifestyle and to equip them with the tools to do so through health and well-being education. Children must understand how to take care of themselves both physically and mentally in order to be successful adults.

It is important for all children to regularly enjoy being active and learn through high quality Physical Education, School Sport and Physical Activity at All Saints. Participation in sporting activity is a key element of developing a school in which pupils are proud of the community in which they belong. Therefore, great emphasis is placed upon additional sporting opportunities beyond the lesson within after-school clubs, inter-house and inter-school competition and festivals as well as directly trying to support the local clubs within the North West Leicestershire and Coalville area and our feeder schools. We believe this links directly with our school's values and is another way in which we can positively engage with our local community and be active citizens within it.

Implementation

The children at All Saints receive high quality PE lessons which are mapped out in broad and balanced blocks using the PEDPASS Physical Education Scheme of Work. We have created, developed and adapted a series of Medium Term Plans that encompass the 4 strands that underpin Physical Education and support the needs of our pupils. All children have access to 5 hours of PE, School Sport and Physical Activity each week including 2 hours of timetabled high quality Physical Education. PE is taught in the afternoons because we ensure that sessions are available to all pupils. Children are able to receive additional physical activity hours: sporting clubs are run after school on most days and some lunch times. PE teachers help to coordinate the Sports Leaders – pupils who provide additional sporting opportunities on the playgrounds each day. They are also there to support teachers run after-school sporting club provision that takes place most days. Children will have the opportunities to participate in a wealth of competitions through inter-house competitions within the school and inter-school competitions run through the North West Leicestershire School Sport Partnership.

We ensure our PE curriculum enables children to build solid foundations in EYFS. Dough Disco and Big Moves allow pupils to develop their fundamental and fine motor skills. These foundations are then built on through the 4 key strands delivered through a range of repeated and increasingly challenging activities through to Year 6. Core tasks are undertaken both at the start and at the end of units. The initial core tasks allow teachers to determine what children need to learn; gaps are identified and then pupils are taught what they need to know. Children are assessed at the start and at the end of the unit where progression is shown.

Impact

The aim is that our extensive PE curriculum will impact greatly on our children's ability to acquire the knowledge, skills and understanding needed to make appropriate choices about their physical and mental health. The curriculum will develop positive self-awareness in children as they become more physically competent. By the end of KS2, our children will have the confidence to look after their physical and mental well-being and will be able to meet KS2 expectations. Our PE curriculum will instil in our children a lifelong engagement and enjoyment of sport, physical education and physical activity, where they will demonstrate a healthy attitude to competition – showing respect for individuals, teams, officials and coaches, as well as what constitutes a healthy lifestyle. All children will also be able to confidently swim 25m.