

**The theme of Safer Internet Day 2018 is Create, Connect and Share Respect:
A better internet starts with you.**

This Safer Internet Day the UK Safer Internet Centre is focussing on the relationships that children and young people form online, and exploring ways to ensure that these relationships remain healthy, positive and fulfilling.

This quiz is designed for 8-13 year olds, but can be played by anyone!

How does the internet affect your day to day life and your friendships online?

Take our quiz now to find out...

For each question select ONE answer:

Question 1. You update one of your profile pictures online and after two hours no one has liked it. What do you do?

- A. Keep using the picture anyway. You chose it because you really liked it.
- B. Delete the picture straight away. It can't have been that nice if no one seems interested.
- C. Message your friends and tell them they have to like your picture immediately!

Question 2. You are playing an online game and someone you don't know wants to add you as a friend. What do you do?

- A. Add them, it's really nice to have more friends.
- B. Let your parents or carers know, so they can check who it is.
- C. Ask the unknown person a few questions first to get to know them.

Question 3. The latest online craze involves surprising your friends and trying to scare them as much as possible, then posting the video for everyone to see. Loads of your friends have done it and now say it's your turn. How do you feel?

- A. You eventually choose to take part and plan to apologise to the friend that you've scared afterwards.
- B. You do it without hesitation. You don't want to be the only one who's left out!
- C. You decide not to take part as you don't know how it would make your friend feel.

Question 4. You have entered a photo into an online fancy dress competition and someone has left an unkind comment about your picture. What do you do?

- A. Say something mean back, so they know how it feels.
- B. Ask an adult to help you report the comment online.
- C. Remove your entry from the competition and decide to never to take part in something like that online again.

Question 5. Your best friend tells you their password and says, 'If you're a good friend then you'd share yours too.' What do you do?

- A. Say that you can't share your password because it's just for you.
- B. Make up a password and tell it to him/her, to keep them happy.
- C. Share your password, they're a good friend and you trust them.

Question 6. You went to a party recently and there was a huge food fight. Someone filmed it and has put the video online, including the names of everyone involved. What do you do?

- A. Nothing, you don't mind that your name is online. It was just a bit of fun.
- B. You feel a bit worried, but you and your friends decide to keep quiet about it.
- C. You tell your parents about the video so that they can help you.

Question 7. You are doing your homework and want to check the info that you've found. The website says one thing but your friend says something completely different. How can you tell who is right?

- A. Ask your friend where they got the answer, and go with what they say if it sounds trustworthy.
- B. You want another opinion and so you check another couple of websites to help you decide.
- C. The website must be right. If it's online then it's been written by experts.

Question 8. Someone from another school, that you know online, wants to meet you outside the local shops, so you can hang out together. You know their name but haven't met them before. What should you do?

- A. Tell them you'll be there after school, and make sure your friends come with you.
- B. Meet them outside the shops; it's a busy place so you'll feel safe by yourself.
- C. Let your parents / carers know straight away.

Question 9. Your internet games accounts are private and you have fewer friends online than lots of people in your class. What do you do?

- A. You don't add anyone you don't know in person. You know who your true friends are and that's what matters.
- B. Ask your friends to recommend people that you could add. At least you'll know they're trustworthy.
- C. Start to accept friend requests from anyone so you can get more friends as quickly as you can.

Question 10: You are in a group message conversation and the group leader removes one of your friends without telling them. They're really upset... How do you react?

- A. You decide to do nothing. Your friend may be upset but it's not your problem.
- B. Speak to your friend and decide together what to do next and advise them to speak to an adult they trust.
- C. You leave the group immediately, as you don't want to be part of it, but you don't do anything else

Now check the answer sheet and see how you got on!

Answer sheet

Question 1. You update one of your profile pictures online and after two hours no one has liked it. What do you do?

Correct answer A: *Keep using the picture anyway. You chose it because you really liked it.*

It is very easy to be influenced by what others are doing online, the kinds of images that they share, and the reactions that you get to things. Believe in yourself and your choices - and have the confidence to let your personality shine online. You'll be much happier in the long run.

Question 2. You are playing an online game and someone you don't know wants to add you as a friend. What do you do?

Correct answer B: *Let your parents or carers know, so they can check who it is.*

Even if you asked some questions, people online may not be who they say they are and can pretend to be someone different. Therefore it is not a good idea to accept friend requests from strangers. Let your parents or carers know about *all* friend requests that you get, and they can help you decide if they are from people that you know already. If you are worried that you have been contacted by an adult, this can be reported to Ceop.police.uk.

Question 3. The latest online craze involves surprising your friends and trying to scare them as much as possible, then posting the video for everyone to see. Loads of your friends have done it and now say it's your turn. How do you feel?

Correct answer C: *You decide not to take part as you don't know how it would make your friend feel.*

When you're feeling pressure from others it can be hard to do what you know is the right thing, especially if it means doing something different to your friends. Always follow your instincts. Something that starts out as a joke can quickly get out of hand and upset or hurt others - therefore it's much better not to get involved.

Question 4. You have entered a photo into an online fancy dress competition and someone has left an unkind comment about your picture. What do you do?

Correct answer B: *Ask an adult to help you report the comment online.*

It is never a good idea to reply to mean comments as that can make things worse. An adult can help you deal with the situation and report the comment that has been made, so that it can be removed. You may also have the option to block the person that made the comment, so they can't contact you again.

Question 5. Your best friend tells you their password and says, 'If you're a good friend then you'd share yours too.' What do you do?

Correct answer A: *Say that you can't share your password because it's just for you.*

The only people that need to know your passwords are your parents and carers. It is not a good idea to share passwords with your friends, even your best friends, because passwords are part of your personal information. It is not necessary to share passwords and you can still be really good friends without doing so. If your best friend has shared their password then they should change it as soon as possible.

Question 6. You went to a party recently and there was a huge food fight. Someone filmed it and has put the video online, including the names of everyone involved. What do you do?

Correct answer C: *You tell your parents about the video so that they can help you.*

When something is online, it can be copied and shared by anyone who views it, which means that hundreds more people may see something that was only meant for a few people. People will see things differently too – what's funny to one person may look scary or dangerous to someone else. Your parents and carers will be able to tell you if the video is suitable or not, and decide if you need to ask for the video to be taken down.

Question 7. You are doing your homework and want to check the info that you've found. The website says one thing but your friend says something completely different. How can you tell who is right?

Correct answer B: *You want another opinion and so you check another couple of websites to help you decide.*

It is always a good idea to check your sources! Always check at least 3 websites online when finding out your facts to see if they say the same thing, and use websites that you know and trust. Asking an adult to help you check too can also be really helpful.

Question 8. Someone from another school, that you know online, wants to meet you outside the local shops, so you can hang out together. You know their name but haven't met them before. What should you do?

Correct answer C: *Let your parents / carers know straight away.*

If anyone that you don't know asks you to meet up, then you must tell your parents or carers immediately. Never meet up with someone who you don't know, with or without your friends as you might be putting them in danger too. An adult will be able to decide what to do.

Question 9. Your internet games accounts are private and you have fewer friends online than lots of people in your class. What do you do?

Correct answer A: You don't add anyone you don't know in person. You know who your true friends are and that's what matters.

Your safety here is the most important thing. When you accept friends online, it's important that you know them, and trust them, in real life. Accepting requests from friends of friends, or even strangers, can put you at risk because you may then share personal and private information with them.

Question 10: You are in a group message conversation and the group leader removes one of your friends without telling them. They're really upset... How do you react?

Correct answer B: Speak to your friend and decide together what to do next and advise them to speak to an adult they trust.

Ask yourself, how would you feel if it was you? It takes a lot of bravery to point out something that you know is wrong, but if you would want others to do that for you, then it's important to set a good example and stand up for those who are being treated unfairly or unkindly. Be sure to tell your parents / carers too, so that they are aware of what is going on and can advise and support you and your friend.

Score

1-3 correct answers:

You are at the start of your journey to becoming a safe internet user and are beginning to think about others online. There is more that you can do though! Always remember to ask an adult for help as soon as you need it, rather than trying to do everything by yourself, or simply going along with what others are doing. That way you'll have a much happier time on the internet.

4-6 correct answers:

You are on the way to becoming a safe internet user and a good friend to others. There is more that you can do though! Always remember to ask an adult for help as soon as you need it, rather than trying to do some things by yourself, or getting caught up in what others might be doing. That way you and your friends will be able to safely enjoy the internet together.

7-9 correct answers:

You are well on the way to becoming a responsible internet user and a great friend online, and are making some really sensible decisions. It's always a good idea to ask an adult for help though if there is anything that you are unsure of, or if anything makes you feel worried or upset. That way you'll get the best out of the internet and all the amazing things it has to offer.

10 correct answers:

You are a kind and caring internet user and are doing brilliantly online. You know how important it is to ask for help when you need it, to keep yourself safe, and to look out for your friends' feelings too. Share your knowledge with as many friends as you can, to help everyone around you to stay safe and have a fantastic time online.