



**The Bishops' C of E
Learning Academy**

Weekly Newsletter

Friday 29th November 2019 autumn 11
<https://www.the-bishops.cornwall.sch.uk>
secretary.the-bishops@tlat.org.uk
01637 876317

Kernow Learning

@klacademytrust

<https://kernowlearning.eschools.co.uk>

If you have faith...nothing will be impossible. *Matthew 17:20*

This week's focus: Message from Mr Richards

I wanted to share with you some of our recent successes this term as we approach the busy Christmas season.

We have had a huge focus on reading and encouraging the children to discover a love of books, whether they be well known stories, non-fiction explanations or comics and magazines. All around the school I am constantly seeing heads in books, either reading outloud, reading to friends or older prefects reading to reception children. For those children using Accelerated Reader, after only a month of quizzing, the children have read **over 6 million words and passed 961 quizzes**. Several children are close to becoming word millionaires and I'm sure we will have our first word millionaire before Christmas.

At the beginning of the month we had a standards check from Paul Hodson, who is an Ofsted inspector. I was very proud of the children and staff who showed Mr Hodson their hard work and effort to improve our school. He said, "**Attitudes to learning were strong in all visited classes and in all phonics groups dotted across the school. Pupils clearly enjoy their learning and much of this is due to the careful planning and enthusiasm of their teachers**" and, "**staff morale is high. This enabled the school to achieve well during the Ofsted recent inspection and also to adapt to the new senior leadership arrangements this term**"

This week we hosted Mr Andy Brumby, who is Director of Achievement for Kernow Learning. Mr Brumby visited classes, spoke to the children and looked at our data to see how the children were progressing. He said, "**a culture of reading is being built across the school**" and, "**the strategy being used by the school is clear and robust and will serve as a plan for the next 3 years**". I'd like to thank the staff publically for their commitment and dedication to the school.

Finally, as Christmas approaches we have a lot of events happening throughout December. We will keep our website, social media and Dojo fully updated to keep you all informed. As ever, if you have any questions, please don't hesitate to get in touch.

Thank you for your continued support

Adam Richards

School Values

We are renewing our school vision and aims. Our 6 Christian values are:



Bible passage of the week:

"Cast your burden on the Lord, and he shall sustain you; he shall never suffer the righteous to be moved"

Psalms 55:22

INSET DAYS 2019/2020

Friday 3rd July

Wednesday 22nd July

Thursday 23rd July

BANK HOLIDAYS

Friday 8th May to commemorate the 75th anniversary of VE Day

TERM DATES 2019/2020

Autumn Term

28.10.2019 to 20.12.2019

Spring Term

06.01.2020 to 14.02.2020

24.02.2020 to 27.03.2020

Summer Term

14.04.2020 to 22.05.2020

01.06.2020 to 23.07.2020

Headteacher's Reading Tea and Cake Party





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Fistral and Towan

This week Towan and Fistral classes have been enjoying their Post Office role play and the children have been writing messages and cards to their friends. They love posting their letters into our post box and delivering the post! We are looking forward to writing letters to Santa next week!



Porth and Perran



Year 1 have been thinking about road safety following road safety week last week. We enjoyed having our visitors Mrs Morse and Mrs Fowler teach us about road safety.

Dates for your diary:

W/C 2/12 No after school clubs except for Lounge Club, Bounce Dance and Karate. There will be one more choir rehearsal on Tues 3/12. Clubs will restart in January.

3/12 Indoor athletics CSG for Y3/4 team

12/12 Nursery closed for General Election.

12/12 Year 3/4 football game v St Newlyn East at home, 3.30pm kick off.

Please see our list of Christmas Dates later in the Newsletter

Thank you

Christmas Lunch

Our Christmas Lunch will be on Friday 13th December. Please could all booking be made on Parentpay by Wednesday 11th December. Please find our Christmas menu later on in this Newsletter.

Roadworks

From Monday 2nd December there will be roadworks on Treloggan Road until 13th December. We expect there to be delays during the peak times of school drop off and collection. Please allow a little extra time if you are using this route. Thank you.



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Harbour and Watergate



Last Friday, Year 2 went to Flambards to have a tour around the Britain Blitz exhibition. We also looked around the Victorian Village and learned lots of interesting facts.



Advent Christmas assembly

To celebrate the start of advent we are holding a special assembly on Monday 2nd December in the morning. During this assembly the children will decorate our Christmas trees. We have a box of baubles ready, but they are more than welcome to bring one from home if they wish or make a decoration at home to bring in for our trees.

We are hoping this will become an annual event in school and that our trees will be full of Christmas cheer!

Decorating Day

We are very excited to announce that on Friday 6th December we will be holding our annual 'Decorating Day' in school. You are warmly invited to come along and join your child in their class to help decorate the classroom and take part in Christmas craft activities. Please sign up for this activity with your child's class teacher, sign up sheets will be displayed in your child's classroom. If you are unable to sign up in this way and would like to take part please contact the school office who will be happy to help you.

KS2 will have a morning of decorating and EYFS and KS1 will have a whole day of decorating.

Atlantic and Tolcarne

This week we have continued learning about Earthquakes. Atlantic have enjoyed finding out how the world has changed shape over millions of years and how the tectonic plates move and cause earthquakes.

In literacy we have been learning about how to write information texts using subheadings to organise our ideas.

We have begun practising for our Christmas Performance. Who knew how tricky marching in time can be!

By Aldo Garcia



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Gannell and Whipsiderry

Here is some wonderful writing about our visit to Trenance Gardens last week



Maddison
Today we went to trenance gardens! When we arrived we met nauquay in bloom purple 4 polio and nauquay rotary club. After a while, we put crocus corms in some holes in the ground. They told us that there were 8000 crocus corms in total!! When the crocus corms were in place we put the soil and grass back on them. We did this to raise awareness to stop... POLIO!!!

Wistonia Tuesday 26th November 2019
On Tuesday 19th November we went to trenance gardens to plant crocus corms and they will grow after Christmas in spring. There were over 8000 crocus corms. Polio is a disease that went to get rid of it. We are raising awareness for the purple 4 polio.

EWIE
Tuesday 19th November 2019
We went to Trenance Gardens to plant crocus corms (bulbs) that will flower in spring. We met Nauquay in bloom and Nauquay Rotary club. We planted 8000 corms. They were raising awareness for purple 4 polio.

Class Attendance

Whole school attendance is currently 95.7%, This week's attendance award goes to Holywell Class with 97.9% attendance.

Gates

Please note that both gates are locked at 8.55am each morning as that is the start of school, at the end of the day the gates will be locked at 3.25pm prompt. Thank you.

School Menu

Reminder— Our new Menu is now on our website, please note we will not be serving sandwiches for the Autumn 2 term but freshly made soup and bread each day. Please book on Parentpay as normal.

Parentpay

Thank you to everyone who has made bookings for Early Birds and Lunches on our system. Please ask at the office if you have any questions regarding Parentpay.

Nursery Closure

Little Fistral Nursery will be closed on Thursday 12th December to enable that room to be used as a polling station.



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Crantock

This week Crantock have continued to be very busy. Our topic on Cornish mining has come to an end and we have started our Science topic on 'Forces'. In English we are writing our independent diary entries. We have taken on the roles of being a Cornish miner and are writing a diary entry about our first day at work. In maths, we have moved onto multiplication and have learnt all about Prime and Cubed numbers. We used practical resources to make cube numbers – we needed a lot of cubes!!

Holywell

This week Holywell have been reading suspense stories. We built dens and cuddled teddies as we read stories to each other, it was lots of fun!

By Amie.



Lusty Glaze



In Lusty Glaze class, this week the children have enjoyed spending time in our book corner! They are feeling really motivated to complete their quizzes... Super!



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Indoor Athletics



On Tuesday 6 of our year 4 pupils attended an Indoor Athletics competition at Newquay Sports Centre. We had a brilliant time and the children put on an amazing performance in every event. They competed in indoor hurdles, 1 lap sprint, 3 lap running race and then took part in standing long jump, speed bounce and seated ball throw events. The competition finished in an exciting and noisy obstacle race. Thank you James, Abigail, George, Catie-Mae, Liam and Lily, we are so proud of you!





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Multi Faith Workshop

On Thursday, Holywell and Lusty Glaze were joined by Muna and Rita who taught us about Islam and how we can live more peacefully with each other. It was very informative and the children learnt a lot about other faiths!



Christmas Stalls

Don't forget our Christmas Store for children on Thursday 5th and Friday 6th December. Your child will be able to visit our store to buy gifts for their family. Gifts range from £1 to £4 each. As you can see we have a wide range of gifts on offer. If you have not already completed a Christmas store family list there is one attached to this Newsletter or you can collect one from the office.



Gymnastic success



Last weekend Scarlett from Tolcarne class competed at a Gymnastics competition at Fromside in Bristol. Scarlett competed in the under 7 category and we are delighted to tell you that she came 1st Overall after securing 3rd place in floor and 2nd place in vault. We are very proud of your achievements Scarlett, well done!



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The Bishops Christmas Lunch Friday 13th December



Roast Turkey

or

Caramelised Red Onion and Cranberry Quorn Roast

Traditional Sage and Onion Stuffing

Chipolata Sausage

Roast Gravy

Honey Roast Parsnips

Fresh Button Sprouts

Fresh Carrots

Garden Peas

Crispy Roast Potatoes



Festive Shortbread Biscuits

Or

Christmas Sponge Pudding with Vanilla Sauce



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Sharon Redman
The Bishops CofE Learning Academy
NEWQUAY
Cornwall
TR7 2SR



26/11/2019

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23 Woodside Road
Amersham
Buckinghamshire
HP6 6AA

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www.roaddahlcharity.org
enquiries@roaddahlcharity.org

To The Bishops CofE Learning Academy,

It was marvellous to hear that you took part in Roald Dahl Day celebrations – I hope you had lots of fun dressing up as your favourite Roald Dahl characters.

I particularly wanted to give you a HUGE thank you for raising such a big total of £134.58! That's even bigger than James' giant peach!

You've put a big toothy smile on Marvin the Marvellous Crocodile's face and, even more importantly, helped more seriously ill children in the UK lead a marvellous life.

Thanks to fantastic schools like yours taking part in Roald Dahl Day celebrations, we will be able to fund more specialist Roald Dahl Nurses. They provide expert care and support to thousands of families affected by serious illness every year. These families demonstrate bravery everyday – just like Roald Dahl's *Matilda*, as they overcome life's toughest challenges.

Many teachers have already sent in their fantabulous photos and stories of how they raised money (with permission for us to share them) – and we would love to see the mischief that you got up to. It couldn't be simpler, just email dahlicious@roaddahlcharity.org – the more creative, the better!!

Once again, thank you for your support, we think it is a marvellous thing to do! If you want to take part in other splendid fundraising activities or find out more information about our charity, get in touch with a marvellous member of the team:

E. dahlicious@roaddahlcharity.org



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The Bishops' Awards!

At The Bishops' we are very proud to celebrate achievement, improvement perseverance and effort. Each week we will award for each class a star of the week, a Head teacher's award and also a reading award for Year 1 upwards.



CLASS	STAR OF THE WEEK	HEAD TEACHER'S AWARD	READING AWARD
FISTRAL	Finn J	Jacob S	
TOWAN	Alex C	Tallulah-Boo U	
PERRAN	Harry B	Corbin L	Layla L
PORTH	Kaja W	Poppy B	Frank T
HARBOUR	Xandyx M	Jensen C	Elsie D
WATERGATE	Majcee S	Finley T	Ebony D
ATLANTIC	Tom W	Rose C	Liam C
TOLCARNE	Freddy H	Zeek S	Lewis S
GANNEL	Max H	Ellierose O	Keira W
WHIPSIDERRY	Sophia H	George E	Boyd O
CRANTOCK	Melissa C	Austin H	Casey R
HOLYWELL	Sebbie S	Jay W	Marcel B
LUSTY GLAZE	Alfie B	Meghan G	Poppy L

Well done to everyone, you are all superstars!



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Christmas Dates for your diary



3rd December - EYFS Reception Classes Infants on Ice at Eden

5th and 6th December - Christmas Stalls for children in school

6th December – Decorating Day for whole school

6th December – Churches Together Concert at St Michael's Church

10th and 12th December- EYFS Nativity performance in school at 2.15pm

11th December – Little Fistral Christmas sing-along 11am

11th December - Christmas themed Race for Life

12th December - Year 1 out at Tehidy Woods for Rogue Theatre show

12th and 13th December KS2 out for Panto Aladdin at Lane Theatre

13th December - Christmas Lunch for all children in school

13th December - Christmas Jumper Day

16th December - KS1 Nativity performance at St Michael's Church 2pm

18th December – Year 2 visit Newquay Cinema to watch Frozen 2

18th December - KS2 Christmas Concert at St Michael's Church 6pm

19th December Little Fistral Christmas Party

20th December last day of our Autumn Term School finishes at 3.15pm



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**BISHOPS' FRIENDS CHRISTMAS STORE FOR ALL CLASSES FROM LITTLE FISTRAL NURSERY TO LUSTY GLAZE
YEAR SIX THURSDAY 5TH AND FRIDAY 6TH DECEMBER 2019.**



ON THURSDAY 5TH DECEMBER AND FRIDAY 6TH DECEMBER YOUR CHILD WILL HAVE THE CHANCE TO VISIT OUR CHRISTMAS STORE HELD IN SCHOOL WITH THEIR CLASS TO PURCHASE GIFTS FOR THEIR FAMILY. THE GIFTS ARE WRAPPED AND STORED IN SCHOOL AND GIVEN TO YOUR CHILD THE LAST WEEK OF TERM FOR THEM TO TAKE HOME. GIFTS RANGE FROM £1 TO £4.

COULD YOUR CHILD PLEASE BRING THEIR CHRISTMAS STORE MONEY IN ON MONDAY 2ND DECEMBER READY FOR THEIR VISIT TO THE STORE IN A NAMED ENVELOPE OR PURSE (THEIR VISIT WILL BE EITHER ON THURSDAY OR FRIDAY), THEY WILL ALSO NEED A CARRIER BAG WITH THEIR NAME AND CLASS ON. COULD NURSERY AND INFANT CHILDREN PLEASE HAND THEIR MONEY TO THEIR CLASS TEACHER.

PLEASE WRITE A LIST OF WHO YOUR CHILD WOULD LIKE TO BUY FOR ON THE SLIP BELOW, YOU CAN BUY FOR MUM, DAD, AND SIBLINGS. PLEASE RETURN IT TO YOUR CHILD'S TEACHER BY MONDAY 25TH NOVEMBER SO WE CAN WRITE GIFT LABELS IN ADVANCE.

ANY PARENTS OR GRANDPARENTS OR ANY OTHER 'FRIENDS' OF THE BISHOPS' WHO WOULD LIKE TO HELP EITHER SELLING OR WRAPPING PLEASE CONTACT THE OFFICE. WE NEED AS MANY HELPERS AS POSSIBLE TO MAKE THE EVENT RUN SMOOTHLY. REFRESHMENTS WILL BE PROVIDED.

MANY THANKS FOR ALL YOUR SUPPORT.

.....

CHRISTMAS STORE FAMILY LIST

CHILD'S NAME..... CLASS.....

WOULD LIKE TO BUY FOR THE FOLLOWING FAMILY MEMBERS
(MAXIMUM 6 FAMILY MEMBERS AND PLEASE GIVE SIBLINGS AGES)

.....
.....
.....

I WOULD LIKE TO HELP WITH THE CHRISTMAS STALL THIS YEAR AND AM AVAILABLE (PLEASE TICK BELOW)

VOLUNTEER SLOT	THURSDAY 5 TH DECEMBER	FRIDAY 6 TH DECEMBER
9.15 TO 11.45		
1.30 TO 3.00		

SIGNED.....

DATE.....

PRINT NAME.....

TEL NO.....

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**The Bishops' C of E
Learning Academy**

Faith to Belong, Believe, Aspire, Achieve

Treninnick Hill, Newquay, Cornwall, TR7 2SR

<https://www.the-bishops.cornwall.sch.uk>

secretary.the-bishops@tlat.org.uk

Head teacher: Mr A V Richards

Friday 29th November 2019

Dear Parents/Carers,

**Advent Christmas Tree assembly – Monday 2nd December
Decorating Day – Friday 6th December**

To celebrate the start of advent we are holding a special assembly on Monday morning for the children to decorate our school Christmas trees. We have a box of baubles ready for the children but they are more than welcome to bring in one from home if they wish. Perhaps your child might want to make a decoration at home this weekend to hang on our trees? I am hoping this will become an annual event in school and that our trees will be full of Christmas cheer!

I am also very much looking forward to Friday 6th December, when we will be holding our annual 'Decorating Day' in school. You are warmly invited to come along and join your child in their class to help decorate the classroom and take part in Christmas craft activities. Please sign up for this activity with your child's class teacher, sign-up sheets will be displayed in your child's classroom. If you are unable sign up in this way and would like to take part please contact the school office who will be happy to help you.

KS2 (Year 3 to Year 6) will have their decoration making in the morning and EYFS and KS1 (Nursery to Year 2) will have their decoration making all day.

Thank you so much for your continued support at this busy time of year,

Mr A Richards
Headteacher

Kernow Learning



**TRAUMA
INFORMED
SCHOOLS**





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WHAT TRUSTED ADULTS NEED TO KNOW ABOUT: SOCIAL MEDIA & MENTAL HEALTH

Social Media is often scrutinised as having a negative impact on children's mental health. Children and young people are now growing up in a technology dominated world, and social media plays a major role in their social lives. This balanced guide focuses on both the positive and negative impacts that social media can bring to young people and their mental health.

POSITIVE IMPACTS

EASY ACCESS TO SUPPORT AND HELP

Due to delays in young people getting help for their mental health, such as experiencing low mood, or suffering from anxiety, they may sometimes reach out to access support from others online. Sharing problems or issues with friends, peers and broader social networks can be met with positive reaction, with nearly 7 in 10 teens reporting to receive support on social media during tough or challenging times. Where there are moderated communities which offer support and guidance, children can be provided with a great source of support.

NEGATIVE IMPACTS

SELF-ESTEEM & BODY IMAGE

There are 10 million new photographs uploaded to Facebook alone every hour, providing an almost endless potential for young people to be drawn into appearance-based comparisons whilst online. No one is the same as how they portray themselves online as we tend to only show the best part of ourselves. The pressure to fit-in and conform is huge, which can become a driving force for children to replicate what they see from friends, celebrities and sponsored adverts. This pressure may contribute to anxiety, low mood and a feeling of inadequacy. As a result, it can lead to a feeling of low satisfaction with their own lives.

SUSTAINING FRIENDSHIPS AND MAKING CONNECTIONS

There is evidence to suggest that strong adolescent friendships can be enhanced by social media interaction, allowing children to create stronger bonds with people they already know. Online relationships can actually make children more relationship-oriented, thoughtful, and empathic. By sharing comments on pictures, videos and posts, it can create long-term friendships as they can continually keep in touch, even with a distance between them.

HARMFUL ADVICE

The online world provides the opportunity for anybody to upload and share photoshopped pictures, edited videos, fake news and even unvetted advice. Children may stumble upon this, which could potentially encourage them make wrong decisions and not get the help that they need. It's important that you teach your child to differentiate between what is true and useful information and what is fake.

A SENSE OF BELONGING


Support can be found in various places online, sometimes this is known as "finding your tribe". Online platforms and groups can provide a wonderful sense of belonging for children. They can find peers with similar interests and circumstances which can sometimes be difficult to find in real life. As a result, this can create stronger connections and help to build confidence.

ADDICTION AND COMPULSIVE CHECKING

Social media addiction is thought to affect around 5% of teenagers. The Office for National Statistics found that children who spend more than 3 hours a day on social media are more than twice as likely to support poor mental health. Furthermore, compulsive checking due to "Fear Of Missing Out" has been linked to poor and disturbed sleep, as well as difficulty to relax during evenings. One in five young people say they wake up during the night to check messages on social media, leading them to be three times as likely to feel constantly tired at school than their classmates who don't use social media during the night.

MEET OUR EXPERT

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.




HELPFUL APPS:

- Hub of Hope - <https://hubofhope.co.uk/>
- MindShift
- Smiling Mind

SOURCES OF HELP:

- Childline, 0800 1111 or visit their website
- Bullying UK, 0800 800222
- Young Minds Parents line, 0800 802 5544



National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 19.06.2019