



The Bishops' C of E  
Learning Academy

# Weekly Newsletter

Thursday 11th February 2021 Spring Term 6  
<https://www.thebishops.kernowlearning.co.uk>  
thebishops@kernowlearning.co.uk  
01637 876317

**Kernow Learning**

@klacademytrust

<https://kernowlearning.eschools.co.uk>

## Faith to Belong, Believe, Aspire and Achieve

Dear parents and carers,

When I reflect on the journey we have all been on over the last 6 weeks, I am buoyed by the resilience and determination of the children. On Monday 4<sup>th</sup> January we thought we were starting a 'normal' spring term. That evening, we were told otherwise! I am immensely proud of the whole school community, from how quickly the staff adapted to remote learning and how much support everyone has been able to give to each other; it is a remarkable effort.

Thank you.

This week, we have been overwhelmed by the positive comments from parents responding to our remote learning survey. I have shared these with the staff to celebrate their achievements and that of their classes. On Monday 22<sup>nd</sup> February we will hopefully find out from the government the 'road map' to further reopen the school from the 8<sup>th</sup> March. I will share these plans with you as soon as I am able. As a reminder, the school will be closed over half term and remote learning will recommence from the 22<sup>nd</sup> Feb along with the provision for critical workers and children with vulnerabilities.

This year, Shrove Tuesday falls within half term and I hope you are able to enjoy making pancakes with your families. With the easterly gale howling across the school field today, I'm reminded of this [song](#) from the Rend Collective, a worship band from Northern Ireland. Finally, I hope you have a restful and relaxing half term. Thank you for the continued support.

Yours sincerely

Adam Richards

### Message from Cornwall Council

The number of infections is reducing in Cornwall because we have seen our residents respecting the social restrictions in place during the third lockdown. Thanks to this, we have slowed the spread of the virus through our communities, and for that we are thankful.

However, as the surge in cases in late December and January showed, if Cornwall lets our guard down infection rates can spiral quickly, and we could soon find ourselves back where we started.

Therefore, we are asking all residents, especially parents and carers to continue to respect the lockdown rules, especially during half term. We know this is a challenge, especially for those parents and carers who are home schooling and we understand the temptation to relax while the pressure of teaching is not there for a week.

However, we have done so well since January and we simply can't afford to throw all of that hard work away. We are asking those who are on a half term break to avoid travelling distances in the car and "explore from your door" instead.



Congratulations to 2 of our Teaching Assistants Mrs Mitchell and Miss Sherwen, who have completed a Diploma in Trauma and Mental Health Informed Schools, to become qualified Trauma Informed Practitioners.

### Bible verse of the week:

"Those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint."

Isaiah 40:31

### TERM DATES

#### INSET DAYS 2020/2021

Friday 12th February 2021

Thursday 22nd July 2021

Friday 23rd July 2021

#### BANK HOLIDAYS

Monday 3rd May 2021

### TERM DATES 2020/2021

#### SPRING TERM

04.01.21 to 12.02.21

22.02.21 to 01.04.21

#### SUMMER TERM

19.04.21 to 28.05.21

07.06.21 to 23.07.21

### Diary Dates

04/03 — World Book Day

### Menu

There have been some small adjustments made to the current menu, the new menu will be available after half term.

CBBC is now on YouTube.

You can subscribe free to lots of videos suitable for 5 to 11 year olds by following the link below.

<https://bbc.in/3gH3ioU>



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## Little Fistral Nursery and Towan

This week Towan and Little Fistral have been enjoying the story of 'Little Red Riding Hood'. The children have been sequencing the story and acting it out, thinking about describing the characters. In maths the children have been learning about doubling and they have explored money and sorted out lots of coins at home! We have enjoyed seeing the shops which the children have made with their toys. As usual the Early Years children are so creative and have been baking cakes (for Red Riding Hood's Granny), making flowers and weaving baskets – wonderful! They have also celebrated Chinese New Year which is coming up this week and we have seen Chinese dragons, fans, Chinese food and the children have learnt about how people celebrate this festival.



We hope you all feel proud of your hard work this half term and have a well-deserved break next week. We can't wait to see you after the holiday!



## Porth and Perran

This week's home learning has been based on the story 'Little Red Riding Hood', Chinese New Year and our value, Respect. We have been learning to use exciting adjectives in our writing, made shadow puppets and models to

help us retell the story, created trees about being respectful and had fun with our phonics. Well done everyone!

Have a restful half term and we'll look forward to our next story. See if you can guess what it might be... 'Run, run as fast as you can!'





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## Harbour and Watergate

This week in Year 2 we have been reading 'Little red Riding Hood'. The children wrote some fantastic instructions on how to fix a wolf nose as well as writing a diary entry as Little Red Riding Hood. In maths, the children have started to learn about weighing in grams and kilograms, which came in handy when they went on to bake treats for Grandma, then in DT they made some wonderful baskets to carry their treats. In science the children went on a woodland walk to spot different types of trees, so that they could identify them on their way to Grandma's house and in

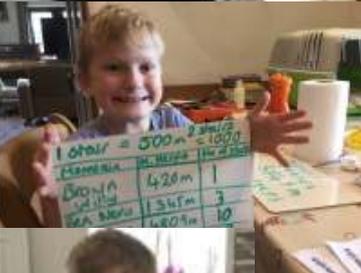
RE made some fantastic Respect Trees. For PE the children had a go at PE bingo looking at a variety of exercise moves. The children were also extremely creative taking advantage of the cold weather using ice to make fantastic decorations. Thank you for all your hard work and support this half term.



## Atlantic and Tolcarne

Yet again we have been blown away with the quality, quantity and imaginative distance learning that has been happening in Year 3! As we near the end of this half term Mr Prince and Miss Dolbear want to send a thousand 'well dones' to all the Y3 children and their families. You have done an amazing job and should be very proud of all that you have achieved.

This week we have had children doing outdoor learning, making Lego movies based on 'The Good Samaritan', making their own clocks, writing brilliant stories about Trolls and producing great artwork....amongst lots of other activities! Well done Atlantic and Tolcarne and enjoy your break.





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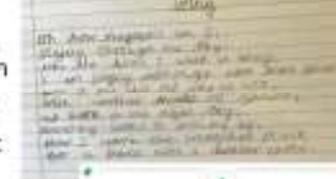
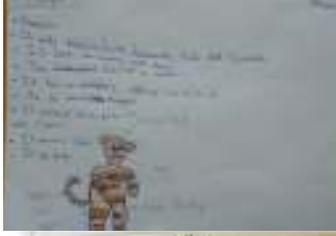
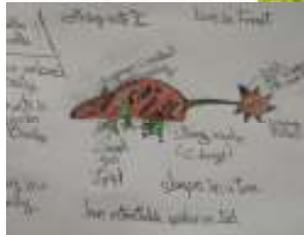
## Gannel and Whipsiderry

Where did that half term go?!!!! It is hard to believe that we have been at this for the last six weeks. Mr Rowe and I think that you have all been hard working, committed, dedicated, resilient and awesome!! That message goes to the children in Gannel and Whipsiderry and also to the adults who have helped you at home. This week we've once again got through a super amount of work including Hinduism in R.E, division in maths, finishing our diary writes and watching live lessons for Internet Safety Day. I think all that needs to be said now is 'HAVE A GOOD REST, ENJOY THE HOLIDAY AND 'SEE' YOU (VIRTUALLY) SOON!' Ms Hine and Mr Rowe.



## Crantock, Holywell and Lusty Glaze

The children at home and those attending the school provision have continued to navigate their learning amazingly and they have completed some brilliant and creative work. In English, the children have carried on their work around the video 'Wing' - they have produced some fantastic poems and have written their own stories, incorporating their own ideas about what happens next in the video. The children's reading work all continues to link to our class story 'The Explorer' and this week, as well as answering questions about the text, they have created their own rainforest menus, containing lots of rainforest delicacies, such as grub pancakes and tarantula burgers! In maths, Year Five have carried on working with decimals and they are growing in confidence with this. Year Six have explored the nets of shapes and done really well with this as well. The children came up with some brilliant triptych designs in RE, to represent love, holiness and forgiveness. To mark Safer Internet Day on Tuesday, the children explored lots of materials and activities, before coming up with their top tips to stay safe online. We were really impressed with their understanding! In science, as part of our Polar Explorer topic, the children designed their own species, linked to a specific habitat. On the last day of school, the children had an 'Explorer Day', where they chose from a range of activities, which are all linked to our topic work, which revolves around the question: What is left to explore? A very big well



Flying, freely among the stars.  
 Light as a feather.  
 In the night sky, flying so high.  
 Great, glistening, galaxy.  
 Hopeful and optimistic.  
 The world is his oyster.

done to all of the children for their outstanding efforts towards their learning this half-term. They very much deserve a rested half-term break!

Maisie Squires



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## February Active Calendar

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   | Sunday   |
|---|---|---|---|---|--|--|
| <p>Take on the daily challenge and share your results with your teacher, your friends or your family!</p> <p>Let's keep moving!<br/>Can you beat them?<br/>Can you try again and beat yourself?</p> |   |   |   |   |  |  |
| <p>1 Catch a ball with your <b>OTHER</b> hand:<br/>Bronze: 15 catches<br/>Silver: 25 catches<br/>Gold: 35 catches</p>   | <p>2 Practise skipping, either with a rope or without:<br/>Bronze: 2 minutes<br/>Silver: 5 minutes<br/>Gold: 7+ mins</p>                | <p>3 Try dribbling a ball, or some socks, around your yard. Make yourself an obstacle course to kick it around.</p>         | <p>4 Try and do some sit ups:<br/>Bronze: 10 sit ups<br/>Silver: 20 sit ups<br/>Gold: 30 sit ups</p>  | <p>5 Try and do some step ups onto something:<br/>Bronze: 20 step ups<br/>Silver: 40 step ups<br/>Gold: 50+ step ups</p>                | <p>6-7 Challenge 1: Find a yoga video to try out at home.<br/>Challenge 2: Create your own yoga pose or routine.<br/>Challenge 3: Teach your yoga pose/routine to someone at home.</p>   | <p>Challenge 1: Complete an exercise for every person in your house<br/>Challenge 2: Complete an exercise for every letter of your name<br/>Challenge 3: Complete an exercise for every year of your age</p>   |
| <p>8 Find a yoga pose you'd like to try and see how long you can hold it.<br/>Bronze: 30 seconds<br/>Silver: 1 minute<br/>Gold: 2+ mins</p>   | <p>9 Jump on the spot for as long as you can without getting tired.<br/>Bronze: 30 seconds<br/>Silver: 1 minute<br/>Gold: 2+ mins</p>   | <p>10 Practise throwing to improve aim, see how many times you hit the target:<br/>Silver: 10 times<br/>Gold: 15+ times</p> | <p>11 Go for a run or a jog if you are able to – see how long you can keep going.<br/>Bronze: 2 minutes<br/>Silver: 5 minutes<br/>Gold: 7+ mins</p> | <p>12 Squat – count how many squats you can safely do in a minute.<br/>Bronze: 15 squats<br/>Silver: 20 squats<br/>Gold: 25+ squats</p> | <p>13-14 Challenge 1: Complete an exercise for every person in your house<br/>Challenge 2: Complete an exercise for every letter of your name<br/>Challenge 3: Complete an exercise for every year of your age</p>                                       | <p>20-21 Challenge 1: Follow along to a just Dance video on Youtube<br/>Challenge 2: Try to memorise the dance routine you've been following<br/>Challenge 3: Create your own dance routine for a song</p>   |
| <p>15 Do some star jumps:<br/>Bronze: 20 jumps<br/>Silver: 35 jumps<br/>Gold: 50 jumps</p>  | <p>16 Play a game of catch – how many can you catch without dropping.<br/>Bronze: 15 times<br/>Silver: 20 times<br/>Gold: 40+ times</p> | <p>17 Do some high knees until you need to stop.<br/>Bronze: 30 secs<br/>Silver: 1 min<br/>Gold: 2+ mins</p>                | <p>18 Keep ups – see how many times you can kick a ball up:<br/>Bronze: 5 times<br/>Silver: 10 times<br/>Gold: 20+ times</p>                        | <p>19 Practise hopping on both legs:<br/>Bronze: 30 seconds<br/>Silver: 1 minute<br/>Gold: 2+ minutes</p>                               | <p>20-21 Challenge 1: Follow along to a just Dance video on Youtube<br/>Challenge 2: Try to memorise the dance routine you've been following<br/>Challenge 3: Create your own dance routine for a song</p>   | <p>20-21 Challenge 1: Follow along to a just Dance video on Youtube<br/>Challenge 2: Try to memorise the dance routine you've been following<br/>Challenge 3: Create your own dance routine for a song</p>   |
| <p>22 Do some mountain climbers for 1 minute:<br/>Bronze: 5 times<br/>Silver: 10 times<br/>Gold: 15 times</p>   | <p>23 Push ups!<br/>Bronze: 10 push ups<br/>Silver: 15 push ups<br/>Gold: 20+ push ups</p>  | <p>24 Practise balancing on both legs:<br/>Bronze: 30 seconds<br/>Silver: 1 minute<br/>Gold: 2+ minutes</p>                 | <p>25 Have a jog around:<br/>Bronze: 5 minutes<br/>Silver: 10 minutes<br/>Gold: 15 minutes</p>  | <p>26 See how many tuck jumps you can do in a row:<br/>Bronze: 10 jumps<br/>Silver: 20 jumps<br/>Gold: 30 jumps</p>                     | <p>27-28 Challenge 1: Choose your 3 favourite exercises from this month to do again.<br/>Challenge 2: Choose your 5 favourite exercises from this month to do again.<br/>Challenge 3: Choose your 7 favourite exercises from this month to do again.</p> | <p>27-28 Challenge 1: Choose your 3 favourite exercises from this month to do again.<br/>Challenge 2: Choose your 5 favourite exercises from this month to do again.<br/>Challenge 3: Choose your 7 favourite exercises from this month to do again.</p> |



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| CLASS                  | STAR OF THE WEEK | HEAD TEACHER'S AWARD | READING AWARD |
|------------------------|------------------|----------------------|---------------|
| LITTLE FISTRAL NURSERY | Susie H          | Dylan L              |               |
| TOWAN                  | Bram A           | Ella R               |               |
| PERRAN                 | Alexis P         | Kai R                | Georgia M     |
| PORTH                  | Poppy E          | Daniel S             | Dolcie M      |
| HARBOUR                | Matthew H        | Lucie R              | Harper H      |
| WATERGATE              | Jack V           | Zafir C              | Jago K        |
| ATLANTIC               | Eryk O           | Lyla L               | Oliver K      |
| TOLCARNE               | Jessica M        | Franek P             | Mantas B      |
| GANNEL                 | Case-Mae M       | Paulius B            | Alfie H       |
| WHIPSIDERRY            | Jack H           | Shelby S             | Rohan H       |
| CRANTOCK               | Scarlet P        | Igor G & Liam S      | Jago T        |
| HOLYWELL               | Maia-Jade C      | Humphrey S           | Amelie C      |
| LUSTY GLAZE            | Austin H         | Alexa K              | Liam W        |

Well done to everyone, you are all superstars!