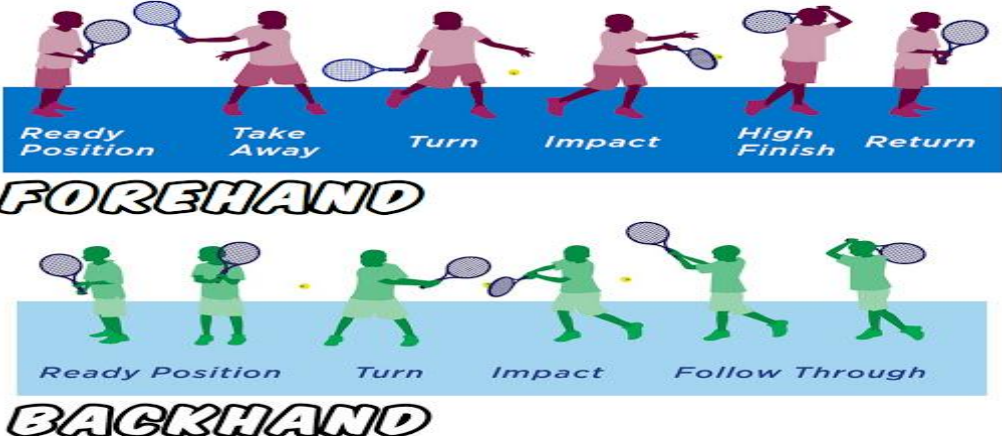
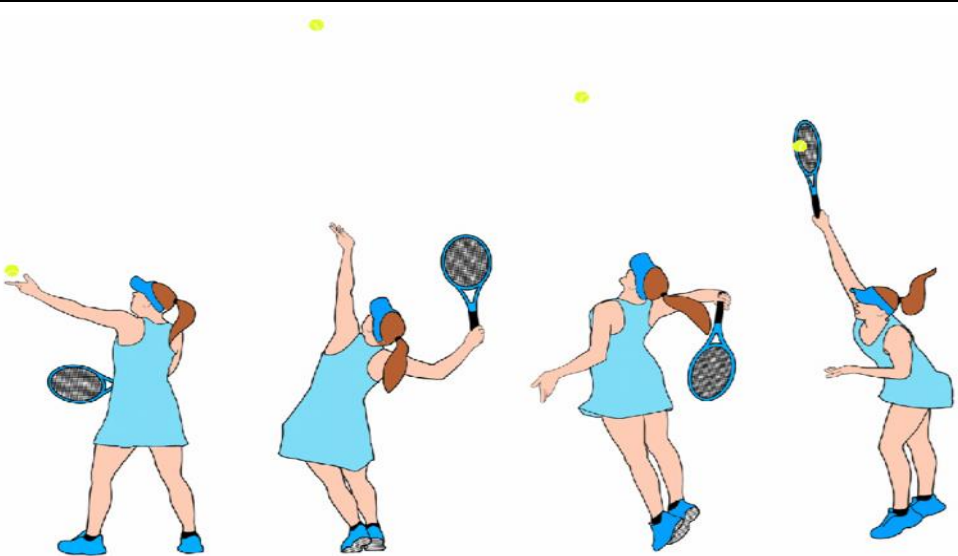


KS2 PE KNOWLEDGE ORGANISER – TENNIS

Ground strokes	Volleys	Serving	
<ol style="list-style-type: none"> 1. Push (forehand and backhand) 2. Block (forehand) 3. Lob (forehand) 	<ol style="list-style-type: none"> 1. Hit (forehand and backhand) 2. Counter hit 'stop volley' (forehand and backhand) 	<ol style="list-style-type: none"> i. Underarm ii. Overhead 	
 <p>FOREHAND</p> <p>Ready Position Take Away Turn Impact High Finish Return</p> <p>BACKHAND</p> <p>Ready Position Turn Impact Follow Through</p>		 <p>1 2 3 4</p> <p>Key Events</p> <ol style="list-style-type: none"> 1 Ball Release 2 Trophy Position 3 Racquet Low Point 4 Impact <p>Phases</p> <ol style="list-style-type: none"> 1-2 Preparation 2-3 Propulsion 3-4 Forwardswing 	
Return of serve			
Forehand		Backhand	
Court positioning			
<ol style="list-style-type: none"> i. Footwork ii. Speed 	<ol style="list-style-type: none"> iii. Mobility iv. Court positioning 	Decision making and tactical awareness, to include	
<ol style="list-style-type: none"> 1. Selection of appropriate shot 2. Awareness of the rules and regulations of the sport and their application 		<ol style="list-style-type: none"> 3. Principles of attack and defence 4. Applying other plays/tactics to outwit opponent e.g. serve, second serve and volley, disguising your shot 	