

Year 6 Food Technology Ingredients

Fruit Crumble

1-2 340g tins of fruit

(Due to time restraints we cannot cook fruit in school. If you wish to use fresh fruit please stew/cook at home before bringing into school)

150g plain flour

75g butter/spread

100g sugar

Ovenproof container to transport home (this item will be cooked at home)

Rock Cakes

200g self-raising flour

100g butter/spread

100g sugar

50g dried fruit

Pinch of mixed spice

1 egg

Container to transport home

Flapjack

125g porridge oats

75g butter/spread

75g caster sugar

50g dried fruit

Container to transport home

