

Flapjack



Ingredients

125g porridge oats

75g butter/spread

75g sugar

50g dried fruit/ desiccated coconut

2 tbsp golden syrup/ honey

Method

Preheat your oven to 180°C

Place the butter, sugar and syrup in a saucepan and heat GENTLY, stirring until fully dissolved

Take off the heat and stir in the oats and fruit with a wooden spoon until fully combined

Transfer the mixture to a greased, shallow cake tin and flatten out so it is evenly spread

Bake until golden brown (approx. 15 minutes)

Leave in the tin on a cooling rack for a few minutes before cutting into slices

When cool, recut and remove from the tin