



12th February, 2021

Dear Parent/Carer,

Online physical activity provision 2021

Whilst we are unable to provide “normal” lunchtime and afterschool club provision, we are still working closely with partners who would normally come into our schools. Please find below details of the virtual clubs and activities we are able to offer your children (and options for yourselves) to help everyone stay active during this period of lockdown and beyond.

Parkhead Netball: Calling all HBJ & HBI [Bee netballers!](#) (Aged 5+) Join Beccy at Parkhead netball club for a fun live virtual session. Expect netball activities, challenges and competitions! The first session will be held on Tuesday 16th February 5.30-6.15pm. More information and the link to join in can be found on the [Parkhead Netball Facebook page](#).

Rugger Eds: Rugger Eds are not currently offering any online sessions but have issued a challenge to all HBJ & HBI pupils. Please click here: [Blindfold Challenge](#) for more information. To be in with a chance of winning a kit voucher for the best Hunter's bar pupil upload video entries here: [Rugger Eds Blindfold Competition](#).

Elite Karate: Steve Hegarty has been a regular after school club provider for HBJ over a number of years. He is offering free Karate sessions for both HBJ & HBI pupils. The sessions will take place on Mondays 4-4.30pm with the first session starting on Monday 22nd February. You can join in by following this link: [Elite Karate Online Sessions](#) (Meeting ID: 898 6948 1953, Passcode: 222673) all your child will need is plenty of energy and a little space in front of their screen. Steve is looking forward to meeting you all and showing you some Karate moves!

Kixx Coaching: Nathan goes in once a week to supplement the delivery of PE and coaching sessions for HBI pupils and has been a regular for a number of years now. At the minute Kixx are not running any zoom sessions but have been providing weekly online PE lessons. There are plenty of sessions to choose from on the Kixx YouTube channel that all children can visit. Find football and dance sessions all free of charge. The links to the videos can be found here: [YouTube Playlist](#).

SUFC: The Premier League have developed lots of games and activities for you and your kids to try out for an afternoon of fun – direct from your own homes! This will be available in a digital format from HBJ's [Physical activities page](#) or direct download here: [SUFC-PLPS Virtual Sports Week](#). Please share pictures or videos of you all playing the games with us on social media @CommunitySUFC and have the chance to win a Nike Goody Bag. These activities can be done at any time of the day!

SWFC: Sheffield Wednesday Community Programme are working in partnership with the EFL Trust to deliver a national initiative called the Joy of Moving Winter Games. This is a pack of fun activities designed to suit the current lockdown restrictions. This will be available in a digital format from HBJ's [Physical activities page](#) or direct download here: [SWFC-JOM-WG](#) Throughout February, we would encourage families to post on social media about their involvement in the Joy of Moving Winter Game using #JOMWinterGames.

SHARROW VALE ROAD • SHEFFIELD • S11 8ZG

PHONE: 0114 266 0547 • FAX: 0114 268 4878

EMAIL: enquiries@huntersbar-jun.sheffield.sch.uk

enquiries@huntersbar-inf.sheffield.sch.uk



DH Football coaching: The DH Academy are offering group & 1:1 online football coaching sessions. All you will need is a football, 3-4 cones & a space. Sessions will take place over zoom, with a focus on practicing & learning new skills as well as improving participants' dribbling ability with both feet. Parents are not required to pay for these sessions (unless they feel they would like to help a small coaching business out). Dom can be contacted on 07399441387 or at DHACADEMY97@GMAIL.COM

DE Dance & Sportz: Emily of De sportz&dance is delivering online (Zoom) Street Dance sessions on Weds 9-9.45am & 4-4.45pm from the 3rd Feb for 8 weeks. Any pupils in Y2-6 are invited to come and try it out. There is a £3 cost for sessions (£24 for all 8 weeks-for either the morning or evening session). Contact Emily 07864544725/Derek 07759519437 or email them at Sportzdirection@gmail.com to book a place or for further information.

Sculpt Fitness: Lucy & Jody are well known to many of our pupils at HBJ with many doing fitness, cheerleading and street dance sessions with them. Usually everyone would be welcome at their friendly and comfortable fitness studios, as no matter your age, fitness level, experience or ability, there is something for everyone. Due to schools only catering for a reduced capacity of children, they are currently offering online adult classes. More information is available through [Facebook](#) and [Instagram \(sculptfitnessstudios\)](#) and you can [book classes using their online booking system](#). They focus on making fitness fun and enjoyable whilst helping you achieve your goals.

Yoga Nature: Jo has been teaching at HBS since 2008 and prior to that was a teaching assistant at the school. She is streaming live online adult classes (or you can do the recording at a time that suits you), so that you can join in from the safety and comfort of your own home. Yoga is a wonderful way of helping to cope with the stresses and strains this current pandemic is placing upon us. For further details and more information visit: [Yoga Nature Sheffield](#) or you can contact Jo via jo@yoganaturesheffield.org.uk or 07816 540 261.

Don't forget to tag us in any photos you take using: [@HB Juniors](#) / [@HBInfants](#) on Twitter & [@HuntersBarJunior](#) / [@HBISInf](#) on Facebook if taking part in either the SWFC, SUFC or Rugger Eds challenges above.

Yours sincerely,

B. Adebola *S. O'Loughlin*
Mr. Adebola & Miss O'Loughlin

SHARROW VALE ROAD • SHEFFIELD • S11 8ZG
PHONE: 0114 266 0547 • FAX: 0114 268 4878
EMAIL: enquiries@huntersbar-jun.sheffield.sch.uk
enquiries@huntersbar-inf.sheffield.sch.uk

