









# Spring Menu 2021

-  Added Plant Power
-  Vegan
-  Wholemeal

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Week One</b> 15/3	Option 1	Macaroni Cheese	Pork Sausage, Crushed Skin on Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Chicken Tikka Curry with 50/50 Rice  	Fishfingers/ Salmon Fishfingers with Chips
	Option 2	Vegetable Pasta Bake 	Vegetarian Sausages, Crushed Skin on Potatoes and Gravy 	Vegetable Wellington with Roast Potatoes and Gravy 	Lentil and Sweet Potato Curry with 50/50 Rice  	Wholemeal Cheese and Tomato Quiche with Chips 
	Vegetables	Sweetcorn Peppers	Cauliflower Cabbage	Swede and Carrot Mash	Broccoli Carrots	Baked Beans Peas
	Dessert	Marble Sponge with Custard	Pineapple Cake	Apple, Cheese and Crackers	Vanilla Shortbread	Fresh Fruit or Yoghurt
Or a choice of Yoghurt & Fresh Fruit available daily						

<b>Week Two</b> 22/3	Option 1	Sausage Roll with Oven Baked Potato Wedges	Beef Bolognaise with Garlic Slice  	Roast Turkey with Roast Potatoes and Gravy	Sweet & Sour Chicken with 50:50 Rice 	Fish in Batter with Chips
	Option 2	Red Pepper and Cheese Frittata with Oven Baked Potato Wedges	Soya Spaghetti Bolognaise with Garlic Slice 	Quorn Roast Fillet with Roast Potatoes and Gravy	Chickpea Curry with 50/50 Rice  	Cheese and Potato Whirl with Chips
	Vegetables	Sweetcorn Broccoli 	Peas Carrots	Fresh Mixed Vegetables	Sweetcorn Tomatoes	Baked Beans Peas
	Dessert	Oaty Apple Crumble and Custard	Chocolate Cake with Chocolate Drizzle	Jelly & Mandarins	Orange and Lemon Shortbread	Fresh Fruit or Yoghurt
Or a choice of Yoghurt & Fresh Fruit available daily						

<b>Week Three</b> 8/3 29/3	Option 1	Ham, Cheese & Tomato 50:50 Pizza with Wedges 	Chicken Pie, New Potatoes and Gravy	Roast Chicken, Roast Potatoes and Gravy	Minced Beef & Vegetable Hot Pot	Fishfingers with Chips
	Option 2	Cheese & Tomato 50:50 Pizza with Wedges 	Five Bean Chilli with 50/50 Rice 	Shepherdess Pie	Broccoli and Cheese Pasta Bake	Vegan Mexican Bean Roll with Chips 
	Vegetables	Coleslaw Mixed Salad	Sweetcorn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
	Dessert	Rice Pudding	Banana Sponge and Custard	Peaches & Ice Cream	Chocolate and Mandarin Brownie	Fresh Fruit or Yoghurt
Or a choice of Yoghurt & Fresh Fruit available daily						

## Available Daily:

Bread freshly baked on site daily

Daily salad selection

## ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.