

Sandbrook Primary School

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19th November 2019

Dear families

CHILDREN VOTE FOR CRISPS ON FRIDAYS ONLY

We have been discussing healthy lifestyles and diets in school with the children. We discussed whether crisps are healthy or unhealthy and the children held a vote to decide our next action to support everyone in the team to make healthier choices.

I am delighted at the level of discussion and the final decision that was made by the children. They have exercised their voice democratically and shown that they can think of others as well as themselves. They have also shown a commitment to improving their health.

I know that you will be supportive of our actions to improve the children's understanding of healthy lifestyles and more importantly supportive of them actually taking action. The children in school voted to have crisps once a week on Fridays. We will be starting this from week beginning 25th November. As a result, we will be sending crisps home if they appear in school on Mondays to Thursdays. This action fits in with our healthy lunchbox policy.

Please support us. This is a team effort – by supporting us, you are making it easier for others to make healthy choices. Please see overleaf for details of the healthy eating plate.

Regards

C Temple
Headteacher

TEAM Sandbrook – Striving Together for Excellence

