



9th February 2018

Spring 1 Week 5

Special Points of Interest

- BikeRight
- Chinese New Year
- Healthy Eating

Dates for your diary

Wed 14th February
Coffee Morning
 Entrance via side of reception

Y5 BikeRight Day 2
Wed 14th February

HALF TERM
Monday 19th Feb
 to
Friday 23rd Feb

Healthy Drives—Ms Wensley

Play leaders

The play leaders have been organising Dodgeball games for Y1/2, Y3/4 and next week Y5/6. So far we've seen some great teamwork, dodging and throwing.



Get moving more!

Year 3 and 4 have been participating in the BBC super movers campaign. This is what we think of it

- ◇ Catchy tunes and helps you to remember,
- ◇ Lots of fun and you can be more active and learn at the same time,
- ◇ Practise times tables, measurements and punctuation,
- ◇ Can listen to it when you're not at school.

Here's the link if you want to try it for yourself at home. We hope you'll enjoy it as much as we did <https://www.bbc.co.uk/sport/football/supermovers>

Healthy eating - Lunchboxes & snacks

Our aim is to ensure that all children have a meal that sustains and prepares them for the afternoon learning. We have noticed quite a few snacks!

Snack recommendations:

Fruit and vegetables are best for example: apples, oranges, cucumber, carrots.

If you do bring in a sweet snack, we recommend one small biscuit e.g. kit-kat, penguin, club, cake bar etc. – This is equivalent to a school meal dessert.

The school council members and Ms Wensley are currently in the middle of creating a school healthy eating policy to educate our children about healthier food choices.

Health and wellbeing hub

Wirral's 0-19 service is offering weekly drop-in clinics for school aged children, young people and their families. For more information call 0151 514 0219, visit wirralct.nhs.uk or you can drop-in to one of the FREE sessions

Snow at break



Half Term Rugby or Hockey Camps

For boys aged 8 years and over Rugby or Hockey Camps are being held at Calday Grammar during half term 19th—23rd February. Full details including booking form are on our website on the External Events page.



BikeRight Day 2

For those pupils in Y5 who have registered, please ensure that they have a roadworthy bike and cycling helmet with them on **Wednesday 14th February**. Children should wear suitable warm clothes.

Chinese New Year

There will be several events/activities in school during February to celebrate Chinese New Year.

Foundation Stage

Food Tasting

KS1

Visitor

Year 5/6

Calligraphy



Nurturing Programme

A 10 week course for parents who have concerns about their child's behaviour is starting 1st March 1pm—3pm at Leasowe Nursery & Family Centre. An introduction coffee 'Stay and Play' will be held on 15th February 1pm—2pm.

Contact No— 0151 639 8923