

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and is a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Gold Menu Autumn 2018

caterlink
feeding the imagination

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Main	Sausage Pasta Bake With Garlic Bread	Macaroni Cheese with Garlic Bread	Roast Pork with Roast Potatoes and Gravy	Spaghetti Beef Bolognese (Made with organic mince)	MSC Salmon Fishcake/ Fishfingers with Chips
Vegetarian	Jacket Potato Baked Tomatoes Pears	Jacket Potato Peppers Green Beans	Quorn Roast NO JACKET POTATO Swede Mash and Carrots	Jacket Potato Sweet corn Broccoli	Jacket Potato Baked Beans Garden Peas
Dessert	Chocolate Krispie Cake Piece of Fruit	Yoghurt Fresh Fruit Salad	Carrot and Courgette Cake & Custard Piece of Fruit	Shortbread & Yoghurt Piece of Fruit	Chocolate Cocoa Cookie Piece of Fruit
Week 2					
Main	Beef Burger and potato wedges	Chicken and Broccoli Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Chicken Curry With Rice	MSC Battered Fish with Chips
Vegetarian	Jacket Potato Coleslaw Sweet corn	Jacket Potato Peas Carrots	Quorn Roast NO JACKET POTATO Broccoli Cauliflower	Jacket Potato Sweetcorn	Cheese & Tomato Quiche with Chips
Dessert	Flapjack Piece of Fruit	Pineapple Loaf Piece of Fruit	Chocolate & Banana Oaty Square Piece of Fruit	Roasted Mixed Vegetables Oaty Peach Crumble with Custard Piece of Fruit	Baked Beans Garden Peas
Week 3					
Main	Chicken Pizza With Wedges	Cottage Pie with Gravy	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	Fish Fingers & Chips
Vegetarian	Jacket Potato Sweet corn Mixed Peppers	Jacket Potato Green Beans Glazed carrots	NO JACKET POTATO Savoy Cabbage Sweetcorn	Jacket Potato Broccoli Tomato Salad	Jacket Potato Baked Beans Garden Peas
Dessert	Mandarin Upside Down Cake Piece of Fruit	Rice Pudding with Mixed Berries Piece of Fruit	Cheese, Apple and Biscuits Piece of Fruit	Yoghurt Fresh Fruit Salad	Chocolate sponge With Chocolate Drizzle Piece of Fruit
17-Sep					
08-Oct					
05-Nov					
26-Nov					
17-Dec					



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection