

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Mawgan In Pydar Spring Menu 2019

**caterlink**  
feeding the imagination

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>					
<b>Main</b>	Beef Burgers in a Bun with Wedges	Chicken and Tomato Pasta	Roast (as advertised) With Roast Potatoes and Gravy	Chicken Noodles	MSC Breaded Fish with Chips and Tomato Sauce
<b>Vegetarian</b>	Quorn Burger in a Bun with Wedges	Macaroni cheese	Cheese Whirl with Roast Potatoes	Vegetable Noodles	Leek & Potato Bake & Chips
<b>Vegetables</b>	Sweetcorn Green Beans	Mixed Peppers Peas	Carrot Swede	Sweetcorn Broccoli	Baked Beans Garden Peas
<b>Dessert</b>	Apple and Strawberry Strudel with Ice Cream	Pear Crumble and Custard	Jelly	Chocolate sponge with chocolate drizzle	Oaty Cookie
<b>Week 2</b>					
<b>Main</b>	Hot Dogs with Tomato Sauce and Wedges	Chicken & Sweetcorn Pie With Mash	Roast Turkey with Roast Potatoes & Gravy	Chilli with Rice	MSC Battered Fish with Chips and Tomato Sauce
<b>Vegetarian</b>	Quorn Hot Dog with Tomato Sauce and Wedges	Creamy Vegetable pie With Mash	Quorn Roast With Roast Potatoes and Gravy	Macaroni Cheese	Cheese Tomato Fittata with Chips
<b>Vegetables</b>	Carrots Peas	Broccoli Tomato & Cucumber	Carrots Green Beans	Peppers Sweetcorn	Baked Beans Garden Peas
<b>Dessert</b>	Mixed Fruit Crumble & Custard	Iced Sponge	Apple, Cheese and Biscuits	Banana Sponge & Custard	Chocolate Shortbread
<b>Week 3</b>					
<b>Main</b>	BBQ Chicken Pizza with Wedges	Beef Lasagne	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Spaghetti Bolognese	MSC Salmon Fish Fingers or Fish Fingers with Chips and Tomato Sauce
<b>Vegetarian</b>	Cheese and Tomato Pizza with Wedges	Vegetable Lasagne	Quorn Roast With Roast Potatoes and Gravy	Veggie Bolognese	Cheese & Tomato Quiche Chips
<b>Vegetables</b>	Sweetcorn Salad	Broccoli Peas	Shredded Cabbage Carrots	Sweetcorn Green Beans	Baked Beans Garden Peas
<b>Dessert</b>	Oaty Peach Crumble and Custard	Lemon & Mixed Berry Cake	Mandarins & Ice Cream	Chocolate and Mandarin Brownie	Shortbread Biscuit

Available Daily  
Bread freshly baked on site daily  
Daily salad selection