

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Spring GOLD Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Chicken Chow Mein (made with free range chicken)	Macaroni Pastitsio (made with organic mince beef)	Roast Pork With Roast Potatoes and Gravy	Chicken Tikka with Rice	MSC Breaded Fish With Chipped Potatoes, Tomato Sauce
Week 1	Vegetarian					
01-Jan						
22-Jan		Sweetcorn Green Beans	Courgettes in a tomato sauce Cauliflower	Carrot & Swede mash	Sweetcorn Mixed Peppers	Baked Beans Garden Peas
19-Feb						
12-Mar	Dessert	Fruit Yoghurt and Shortbread	Apple Crumble & Custard	Apple, Cheese and Biscuits	Iced Sponge	Chocolate Brownie
Week 2	Main	Hot Dogs with Homemade Tomato Sauce and Homemade Jacket Wedges	Wholemeal cheese and tomato Pizza with Baked Potato (made with free range chicken)	Roast Turkey with Roast Potatoes & Gravy	Minced Beef Lasagne	MSC Battered Fish Chipped Potatoes, Tomato Sauce
Week 2	Vegetarian					
08-Jan						
29-Jan		Tomato & Red Onion Slaw Green Salad	Roasted Vegetables	Broccoli Sliced Carrots	Baked Tomatoes Sweet corn	Baked Beans Garden Peas
26-Feb						
19-Mar	Dessert	Pear Crumble and Custard	Banana Sponge & Custard	Chocolate Cookie with Natural Yogurt	Chocolate Krispy Cake	Chocolate and Orange Brownie
Week 3	Main	Beef Burger in a Bun with Oven Baked New Potatoes	Mince Beef and Onion Pie with Mash Potato Topping	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Beef Tortilla Stack & Rice with Garlic Slice (made with organic mince beef)	MSC Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce
Week 3	Vegetarian					
15-Jan						
05-Feb		Broccoli Sweetcorn	Cauliflower Green Beans	Shredded Cabbage Carrots	Roasted Vegetable Medley	Baked Beans Garden Peas
05-Mar						
26-Mar	Dessert	Sultana Cake	Tuti Fruity Tuesday	Jelly with a Side of Mandarins	Short Bread Biscuits	Lemon Drizzle Cake



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt