

## Week one

29/10 19/11 10/12 14/01 04/02 04/03 25/03

**Choose a main meal...**

Mac 'N' Cheese ✓  
Mild Potato & Chickpea Curry with Rice ✓

**on the side...**

Sweetcorn  
Green Beans  
**for dessert...**  
Flapjack with Fruit Slices

Monday

**Choose a main meal...**

Chicken Mayo Burger with Jacket Wedges  
Creamy Broccoli & Sweetcorn Pasta ✓

**on the side...**

Peas  
Carrots  
**for dessert...**  
Pear & Ginger Crumble with Custard

Tuesday

**Choose a main meal...**

Roast Turkey with Roast Potatoes & Gravy  
Sweet Potato & Chickpea Roast with Roast Potatoes & Gravy ✓

**on the side...**

Seasonal Cabbage  
Cauliflower  
**for dessert...**  
Chocolate Ice Cream

Wednesday

**Choose a main meal...**

Pork Ragù with Rice  
Vegetable & Cream Cheese Crumble with Mashed Potato ✓

**on the side...**

Carrots  
Broccoli  
**for dessert...**  
Brownie Cake

Thursday

**Choose a main meal...**

Crispy Fish & Chips  
Quorn Dippers with Chips ✓

**on the side...**

Baked Beans  
Crunchy Coleslaw  
**for dessert...**  
Lemon Shortbread

Friday

## Week two

05/11 26/11 17/12 21/01 11/02 11/03 01/04

**Choose a main meal...**

Mozzarella & Tomato Pizza with Pasta Salad ✓  
Vegetable Biryani ✓

**on the side...**

Broccoli  
Sweetcorn  
**for dessert...**  
Vanilla Ice Cream

**Choose a main meal...**

Pork Sausages with Cheesy Mash  
Vegetarian Sausages with Cheesy Mash ✓

**on the side...**

Baked Beans  
Peas  
**for dessert...**  
St Clements Sponge Cake

**Choose a main meal...**

Roast Chicken with Roast Potatoes & Gravy  
Cauliflower & Broccoli Cheese Bake with Roast Potatoes & Gravy ✓

**on the side...**

Seasonal Cabbage  
Carrots  
**for dessert...**  
Oatie Biscuit with Fruit Slices

**Choose a main meal...**

Chicken & Tomato Lasagne with a Garlic & Herb Bread Wedge  
Vegetarian Tagine with Rice ✓

**on the side...**

Green Beans  
Cauliflower  
**for dessert...**  
Apple & Berry Crumble with Custard

**Choose a main meal...**

Golden Fish Fingers & Chips  
Mediterranean Tart & Chips ✓

**on the side...**

Baked Beans  
Peas  
**for dessert...**  
Banana & Apricot Flapjack

## Week three

£2.30

12/11 03/12 07/01 28/01 25/02 18/03

**Choose a main meal...**

Mozzarella & Tomato Pizza with Jacket Wedges ✓  
Tomato & Vegetable Savoury Rice ✓

**on the side...**

Green Beans  
Sweetcorn  
**for dessert...**  
Strawberry Ice Cream

**Choose a main meal...**

All Day Breakfast  
Vegetarian All Day Breakfast ✓

**on the side...**

Baked Beans  
Grilled Tomatoes  
**for dessert...**  
Raspberry Ripple Cake

**Choose a main meal...**

Roast Gammon with Roast Potatoes & Gravy  
Quorn Roast with Roast Potatoes & Gravy ✓

**on the side...**

Seasonal Cabbage  
Carrot & Swede Mash  
**for dessert...**  
Peach Slice

**Choose a main meal...**

Beef Macaroni Bake with Garlic & Herb Bread Wedge  
Vegetable Korma with Rice ✓

**on the side...**

Broccoli  
Sweetcorn  
**for dessert...**  
Pineapple Upside Down Cake with Custard

**Choose a main meal...**

Salmon Fish Fingers with Chips  
Golden Fish Fingers & Chips  
Baked Bean & Cheese Quesadilla with Chips ✓

**on the side...**

Peas  
Baked Beans  
**for dessert...**  
Shortbread Fingers with Fruit Slices

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us. Our special diets menu can be provided following documentation from a medical professional.

change  
4life



eat right  
stay bright

Jacket Potatoes with assorted toppings, fruit and yogurts available daily



We only use  
Lion Quality  
British Eggs



WE SUPPORT  
BRITISH  
DAIRY  
FARMS  
82

FARM TO FORK  
We can trace every  
cut of meat back to  
the farms of origin

ALL OUR  
BREAD IS  
FRESHLY BAKED  
EVERY DAY



All our  
bananas are  
FAIRTRADE

REDUCING OUR  
CARBON  
FOOTPRINT  
OVER 30%  
of our products are  
transported by vehicles  
that run on bio-diesel!

FRESH SALAD  
IS AVAILABLE ON  
A DAILY BASIS

WE BUY 95%  
of our seasonal  
vegetables  
direct from  
British growers

All our  
milk is Red  
Tractor  
approved

