

## PSHE OVERVIEW

|               | <b>Autumn 1</b>                          | <b>Autumn 2</b>                            | <b>Spring 1</b>                 | <b>Spring 2</b>                              | <b>Summer 1</b>  | <b>Summer 2</b>   |
|---------------|--|--|---------------------------------|--|--|---|
| <b>Year R</b> | All about me. (Home life and each other) | Celebrations (How we and others celebrate) | Getting on and falling out.     | Goals (How we grow and become better people) | Relationships (different types)  | Changes (getting ready for the next year)                                     |
| <b>Year 1</b> | <b>SEAL:</b> New beginnings              | <b>SEAL:</b> Getting on and falling out    | <b>SEAL:</b> Say no to bullying | <b>SEAL:</b> Going for goals                 | <b>SEAL:</b> Good to be me<br><b>DRUGS AND ALCOHOL:</b> Medicine and people that help us | <b>SEAL:</b> Relationships<br><b>RSE:</b> Growing and caring for ourselves.   |
| <b>Year 2</b> | <b>SEAL:</b> New beginnings              | <b>SEAL:</b> Getting on and falling out    | <b>SEAL:</b> Say no to bullying | <b>SEAL:</b> Going for goals                 | <b>SEAL:</b> Good to be me<br><b>DRUGS AND ALCOHOL:</b> Keeping safe                     | <b>SEAL:</b> Relationships<br><b>RSE:</b> Differences                         |
| <b>Year 3</b> | <b>SEAL:</b> New beginnings              | <b>SEAL:</b> Getting on and falling out    | <b>SEAL:</b> Say no to bullying | <b>SEAL:</b> Going for goals                 | <b>SEAL:</b> Good to be me<br><b>DRUGS AND ALCOHOL:</b> Smoking                          | <b>SEAL:</b> Relationships<br><b>RSE:</b> Valuing difference and keeping safe |
| <b>Year 4</b> | <b>SEAL:</b> New beginnings              | <b>SEAL:</b> Getting on and falling out    | <b>SEAL:</b> Say no to bullying | <b>SEAL:</b> Going for goals                 | <b>SEAL:</b> Good to be me<br><b>DRUGS AND ALCOHOL:</b> Alcohol                          | <b>SEAL:</b> Relationships<br><b>RSE:</b> Growing up                          |
| <b>Year 5</b> | <b>SEAL:</b> New beginnings              | <b>SEAL:</b> Getting on and falling out    | <b>SEAL:</b> Say no to bullying | <b>SEAL:</b> Going for goals                 | <b>SEAL:</b> Good to be me<br><b>DRUGS AND ALCOHOL:</b> Legal and illegal drugs          | <b>SEAL:</b> Relationships<br><b>RSE:</b> Puberty                             |
| <b>Year 6</b> | <b>SEAL:</b> New beginnings              | <b>SEAL:</b> Getting on and falling out    | <b>SEAL:</b> Say no to bullying | <b>SEAL:</b> Going for goals                 | <b>SEAL:</b> Good to be me<br><b>DRUGS AND ALCOHOL:</b> Preventing early use             | <b>SEAL:</b> Relationships<br><b>RSE:</b> Puberty and reproduction            |