

Week one

16/04 07/05 04/06 25/06 16/07 03/08 24/09 15/10

Monday

Choose a main meal...
Mozzarella & Tomato Pizza with Pasta Salad ✓
Mediterranean Summer Beans with Rice ✓
Baguettes with sorted fillings

on the side...
Crunchy Salad
Peas

for dessert...
Wedges of Melons and Orange

Tuesday

Choose a main meal...
Chicken Mayo Burger with Jacket Wedges
Vegetable Biryani ✓
Jacket Potato with assorted fillings

on the side...
House Coleslaw
Sweetcorn

for dessert...
Mini Chocolate Brownie with Banana & Custard

Wednesday

Choose a main meal...
Roast Pork with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy ✓
Baguettes with sorted fillings

on the side...
Seasonal Cabbage
Carrots

for dessert...
Blueberry Fro Yoghurt

Thursday

Choose a main meal...
Beef Chilli with Rice
Macaroni, Sweetcorn & Cheese Bake ✓
Jacket Potato with assorted fillings

on the side...
Broccoli
Cauliflower

for dessert...
Berry Flapjack

Friday

Choose a main meal...
Crispy Fish & Chips
Veggie Hot Dog with Chips ✓
Baguettes with sorted fillings

on the side...
Baked Beans
Peas

for dessert...
Orange Shortbread with Yoghurt Dipper

Week two

23/04 14/05 11/06 02/07 23/07 10/08 01/10 22/10

Monday

Choose a main meal...
Mac 'N' Cheese ✓
Vegetarian Mousaka ✓
Baguettes with sorted fillings

on the side...
Broccoli
Sweetcorn

for dessert...
Vanilla Ice Cream

Tuesday

Choose a main meal...
Pork Sausages with Creamy Mash & Gravy
Vegetarian Sausages with Creamy Mash & Gravy ✓
Jacket Potato with assorted fillings

on the side...
Sweetcorn
Seasonal Cabbage

for dessert...
Chocolate & Banana Mousse Pot

Wednesday

Choose a main meal...
Roast Turkey with Roast Potatoes & Gravy
Cauliflower and Broccoli Cheese Bake with Roast Potatoes & Gravy ✓
Baguettes with sorted fillings

on the side...
Peas
Cauliflower

for dessert...
Oatie Biscuits with Fruit Slices

Thursday

Choose a main meal...
Beef Keema Curry with Rice
Creamy Tomato & Basil Pasta ✓
Jacket Potato with assorted fillings

on the side...
Carrots
Green Beans

for dessert...
Carrot & Banana Slice with Custard

Friday

Choose a main meal...
Golden Fish Fingers & Chips
Bean Burger in a Bun & Tomato Relish with Chips ✓
Baguettes with sorted fillings

on the side...
Baked Beans
Crunchy Light Coleslaw

for dessert...
Strawberry Jelly

Week three

30/04 21/05 18/06 09/07 17/08 08/10

Monday

Choose a main meal...
Cheesy Pizza Bianca with Jacket Wedges ✓
Vegetarian Bolognese ✓
Baguettes with sorted fillings

on the side...
Peas
Apple Slaw

for dessert...
Mango Fro Yoghurt

Tuesday

Choose a main meal...
Creamy Chicken Curry with Rice
Quorn Frankfurter Pasta Bake ✓
Jacket Potato with assorted fillings

on the side...
Broccoli
Carrots

for dessert...
Peach Crumble with Custard

Wednesday

Choose a main meal...
Roast Chicken with Roast Potatoes & Gravy
Country Vegetable Pie with Roast Potatoes & Gravy ✓
Baguettes with sorted fillings

on the side...
Seasonal Cabbage
Sweetcorn

for dessert...
Wedges of Pear, Apples & Orange

Thursday

Choose a main meal...
Beef Pasta Bolognese
Mild Potato & Chickpea Curry with Rice ✓
Jacket Potato with assorted fillings

on the side...
Green Beans
Mediterranean Vegetables

for dessert...
Chocolate & Gingerbread Bite

Friday

Choose a main meal...
Crispy Salmon Fillet with Chips
Crispy Battered Fish & Chips
Bean & Pepper Fajita with Chips ✓
Baguettes with sorted fillings

on the side...
Baked Beans
Peas

for dessert...
Strawberry Ice Cream

£2.20

on the side...

Peas
Apple Slaw

for dessert...

Mango Fro Yoghurt

on the side...

Broccoli
Carrots

for dessert...

Peach Crumble with Custard

on the side...

Seasonal Cabbage
Sweetcorn

for dessert...

Wedges of Pear, Apples & Orange

on the side...

Green Beans
Mediterranean Vegetables

for dessert...

Chocolate & Gingerbread Bite

on the side...

Baked Beans
Peas

for dessert...

Strawberry Ice Cream

on the side...

Peas
Apple Slaw

for dessert...

Mango Fro Yoghurt

on the side...

Broccoli
Carrots

for dessert...

Peach Crumble with Custard

on the side...

Seasonal Cabbage
Sweetcorn

for dessert...

Wedges of Pear, Apples & Orange

on the side...

Green Beans
Mediterranean Vegetables

for dessert...

Chocolate & Gingerbread Bite

on the side...

Baked Beans
Peas

for dessert...

Strawberry Ice Cream

on the side...

Broccoli
Sweetcorn

for dessert...

Vanilla Ice Cream

on the side...

Sweetcorn
Seasonal Cabbage

for dessert...

Chocolate & Banana Mousse Pot

on the side...

Peas
Cauliflower

for dessert...

Oatie Biscuits with Fruit Slices

on the side...

Carrots
Green Beans

for dessert...

Carrot & Banana Slice with Custard

on the side...

Baked Beans
Crunchy Light Coleslaw

for dessert...

Strawberry Jelly

on the side...

Broccoli
Sweetcorn

for dessert...

Vanilla Ice Cream

on the side...

Sweetcorn
Seasonal Cabbage

for dessert...

Chocolate & Banana Mousse Pot

on the side...

Peas
Cauliflower

for dessert...

Oatie Biscuits with Fruit Slices

on the side...

Carrots
Green Beans

for dessert...

Carrot & Banana Slice with Custard

on the side...

Baked Beans
Crunchy Light Coleslaw

for dessert...

Strawberry Jelly

on the side...

Crunchy Salad
Peas

for dessert...

Wedges of Melons and Orange

on the side...

House Coleslaw
Sweetcorn

for dessert...

Mini Chocolate Brownie with Banana & Custard

on the side...

Seasonal Cabbage
Carrots

for dessert...

Blueberry Fro Yoghurt

on the side...

Broccoli
Cauliflower

for dessert...

Berry Flapjack

on the side...

Baked Beans
Peas

for dessert...

Orange Shortbread with Yoghurt Dipper

on the side...

Peas
Apple Slaw

for dessert...

Mango Fro Yoghurt

on the side...

Broccoli
Carrots

for dessert...

Peach Crumble with Custard

on the side...

Seasonal Cabbage
Sweetcorn

for dessert...

Wedges of Pear, Apples & Orange

on the side...

Green Beans
Mediterranean Vegetables

for dessert...

Chocolate & Gingerbread Bite

on the side...

Baked Beans
Peas

for dessert...

Strawberry Ice Cream

on the side...

Peas
Apple Slaw

for dessert...

Mango Fro Yoghurt

on the side...

Broccoli
Carrots

for dessert...

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on the side...

Seasonal Cabbage
Sweetcorn

for dessert...

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Mediterranean Vegetables

for dessert...

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on the side...

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Peas

for dessert...

Strawberry Ice Cream

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Peas
Apple Slaw

for dessert...

Mango Fro Yoghurt

on the side...

Broccoli
Carrots

for dessert...

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on the side...

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Sweetcorn

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Mediterranean Vegetables

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Apple Slaw

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Mango Fro Yoghurt

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Broccoli
Carrots

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Sweetcorn

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Mediterranean Vegetables

for dessert...

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Strawberry Ice Cream

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Apple Slaw

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Mango Fro Yoghurt

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Broccoli
Carrots

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Sweetcorn

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Mediterranean Vegetables

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Chocolate & Gingerbread Bite

on the side...

Baked Beans
Peas

for dessert...

Strawberry Ice Cream

on the side...

Broccoli
Sweetcorn

for dessert...

Vanilla Ice Cream

on the side...

Sweetcorn
Seasonal Cabbage

for dessert...

Chocolate & Banana Mousse Pot

on the side...

Peas
Cauliflower

for dessert...

Oatie Biscuits with Fruit Slices

on the side...

Carrots
Green Beans

for dessert...