




Learning Project WEEK 6- Food	
Age Range: EYFS	
Please continue to upload your work to Tapestry so that Miss Gardner and Mrs Hesselbo can see it and suggest next steps for learning.	
Weekly Maths Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> • Watch a Numberblocks clip each day at: BBC or CBeebies. Use this guide here to give you ideas on what to do with your children whilst watching an episode. • Play the Numberblocks add and subtract game. • Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales? • Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount? • Can you set up a pretend food shop using tins and packages from your kitchen. Can you make labels to show the cost of each item. Play being the shop keeper and the customer. • Think about... <i>“The bigger it is the heavier it is... true or false ?”</i> maybe you could compare different vegetables from the kitchen as you think about this. 	<ul style="list-style-type: none"> • Read a variety of books at home. Favourites can be repeated. Hearing the patterns of language in a story will support your child's language development. • Listen to the songs and story The Enormous Turnip https://www.bbc.co.uk/teach/school-radio/eyfs-listen-and-play-the-enormous-turnip/zh6md6f • Reception age children: Children to read to parents daily. Visit Oxford Owl for free eBooks that link to your child's book band. You can create a free account. Complete the linked Play activities for each book. • With your child, look in magazines, newspapers and books for the tricky words they are currently learning. They could use a highlighter to highlight in magazines and newspapers. • Look at recipe books and food magazines. Encourage your child to use their phonics knowledge to decode the ingredients list. Select a recipe and make this together. Encourage your child to read the labels on packaging to figure out which ingredient it is.

Weekly Phonics Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> ● Sing Nursery Rhymes and songs together. Add in actions and change the words. Can children think of different rhyming words to add in? Repeat old favourites and learn new rhymes. You can find an A-Z of Nursery Rhymes. ● Enjoy some new songs to read and sing together https://www.outoftheark.co.uk/ootam-at-home/ ● Daily phonics - Practice the sounds your child is working on and blend words. This can be oral blending (e.g. spoken out loud c-a-t) or written if appropriate. Interactive games. ● Daily RWI phonics sessions Set 2 Speed Sounds and Word Time https://www.ruthmiskin.com/en/find-out-more/parents/ ● Hands on phonics play Pour flour, rice or lentils into a shallow tray or plate. Show your child a letter, digraph, trigraph or tricky word and ask them to 'write it' in the food using their finger, or a paint brush. 	<ul style="list-style-type: none"> ● Practice name writing. Try using a selection of pencils, pens, chalks and brushes. I wonder which is your favourite writing tool? ● Practice forming the letters of the alphabet. Follow your school's script. ● Ask your child to write out the tricky words they are learning and then use them within a sentence. ● Look at recipe books and food magazines, talk about what a recipe has, a list of ingredients, instructions and a picture of the finished food. ● Can you create their own recipe for your dream meal. Draw out the ingredients and label them and draw the finished meal. Can you write a few short sentences as instructions. ● Look at a range of different packages found around the kitchen. Discuss with your child what makes it stand out to a customer. Support them to design a package for a treat of their choice.

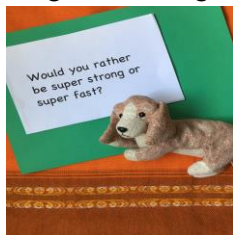
Learning Project - to be explored throughout the week

Food

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

- Healthy/ Unhealthy- Talk together, what can we do to look after our bodies ?
What makes food good for us or bad for us? What healthy food do you like best?
 - Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for you. Look at the [Eatwell plate](#) to help figure out which foods they should eat a lot of or not very much of.
- Discuss how exercise is an important part of staying healthy. Watch and complete a 10 minute [shake up](#).
- Talk time, find a moment to talk together. The food we eat makes us strong

and healthy but how would you answer this question? Remember there is not a right or wrong answer but listen to each other and respect what others say.



- **5 a day-**
 - Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item.
- **Create a food artwork-**
 - Ask your child to draw or paint a selection of fruits or vegetables, then have a go at making a collage using lentils, rice and pasta, you could make it teeny tiny so as not to waste food.
- **Play shops-**
 - Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.
- **Potato/ Vegetable Printing-**
 - Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created:



- **Make cornflour gloop-**
 - Mix cornflour with a small amount of water in a mixing bowl. It will make a slimy, stretchy mixture. Allow your child to explore the change of texture from wet to dry and the texture of the gloop.

Additional learning resources parents may wish to engage with

<https://classroomsecrets.co.uk/free-home-learning-packs/> -These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

<https://www.twinkl.co.uk/resources/class-management/school-closure-home-learning-classroom-management-key-stage-1-year-1-year-2> -to access these resources click on the link and sign up using your own email address and creating

your own password. Use the offer code UKTWINKLHELPS.

<https://www.headteacherchat.com> - This is a blog that has links to various learning platforms. Lots of these are free to access.

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