



# Is your family struggling to manage?

**Children and Family Practices are here to support you**

**Whether you need help managing your children's behaviour or guidance with money matters, our Children Family Practices (CFP) team can provide short-term support.**

A tailored plan for you and your family | Signposting to job and training opportunities | Mental health support and dealing with family breakdown | Budgeting and debt advice

Self-refer by contacting: Multi Agency Safeguarding Hub (MASH)

**01908 253169 / 253170**

Monday to Thursday 9 - 5pm

Friday 9 - 4:30pm