



Physical Education Overview 2019 - 2020

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Stability and Control (Gymnastics)	Manipulation Skills (Throwing)	Manipulation Skills (Dribbling and Passing)	Manipulation Skills (Throwing)	Locomotive & Manipulation Skills (Outdoor Athletics)	Striking (Manipulation Skills)
	Locomotive Skills (Movement)	Manipulation Skills (Catching)	Locomotive Skills (Dance)	Locomotive Skills (Running and Jumping)	Fielding (Manipulation Skills)	Team Games (Teamwork Skills)
Year 2	Stability and Control (Gymnastics)	Manipulation Skills (Throwing & Bouncing)	Manipulation Skills (Dribbling and Passing)	Manipulative Skills (Throwing)	Locomotive & Manipulation Skills (Outdoor Athletics)	Striking (Manipulation Skills)
	Locomotive Skills (Movement) Manipulation Skills	Manipulation Skills (Catching)	Locomotive Skills (Dance)	Locomotive Skills (Running and Jumping)	Fielding (Manipulation Skills)	Team Games (Teamwork Skills)
Year 3	OLA/OAA	Hockey	Badminton	Dodgeball	Gymnastics	Tennis
	Cross Country	Handball	Football	Cricket	Athletics	Rounders
Year 4	OLA/OAA	Hockey	Badminton	Dodgeball	Gymnastics	Tennis
	Cross Country	Handball	Football	Cricket	Athletics	Rounders
	Swimming					
Year 5	OLA/OAA	Hockey	Badminton	Dodgeball	Gymnastics	Tennis
	Cross Country	Basketball	Football	Cricket	Athletics	Rounders
Year 6	OLA/OAA	Hockey	Badminton	Dodgeball	Tennis	Cricket
	Cross Country	Netball	Football	Gymnastics	Athletics	Rounders