

# SPRING/SUMMER MENUS 2019

## LITTLE PLUMSTEAD C OF E PRIMARY SCHOOL

### Week One Dates 22/04/19 – 13/05/19

Primary Menu Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Burger in a Bun & Homemade Wedges	Barbecue Chicken Sub	Roast Gammon & Yorkshire Pudding served with all the Trimmings	Homemade Chicken Pie & Mash	MSC Fish Fingers & Chips
Vegetarian Main Meal Option	Veggie Burger in a Bun & Homemade Wedges	Veggie Mince Cottage Pie	Quorn Roast & Yorkshire Pudding served with all the Trimmings	Creamy Vegetable Lentil Pie & Mash	Vegetable Nuggets & Chips
Vegetable Selection	Sweetcorn & Carrot Sticks	Sweetcorn	Carrots & Peas	Carrots & Mixed Vegetables	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans				
Dessert	Lemon Cake Slice with Custard	Chocolate Crispy with Sultanas	Iced Toffee Yoghurt with Banana Slice	Jam Sponge with Custard	Ginger Biscuit with Orange Slices

### Week Two Dates 29/04/19 – 20/05/19

Primary Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Traditional Sausage & Mash	Chicken Tikka Curry with Wholegrain Rice	Roast Turkey & Stuffing served with all the Trimmings	Savoury Beef & Onion Pie	MSC Battered Fish Fillet & Chips
Vegetarian Main Meal Option	Vegetable Sausage & Mash	Margherita Pizza	Quorn Roast & Stuffing served with all the Trimmings	Vegetable Mince & Onion Pie	Quorn Fajita & Chips
Vegetable Selection	Carrots & Mixed Vegetables	Broccoli & Garden Peas	Carrots & Sweetcorn	Green Beans & Carrots	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans				
Dessert	Ginger Sponge with Custard	Frozen Strawberry Yoghurt with Apple Slices	Fruity Flapjack	Oaty Biscuit with Fruit Wedges	Chocolate Muffin

### Week Three Date 06/05/19

Primary Menu Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	British Red Tractor Meatballs in Tomato Sauce served with Pasta	The Great British Breakfast – Sausage, Bacon, Hash Brown, Beans & Tomato	Roast Chicken & Yorkshire Pudding served with all the Trimmings	Pasta Bolognese & Garlic Bread	MSC Fish Fingers & Chips
Vegetarian Main Meal Option	Quorn Meatballs in Tomato Sauce	Mac 'n' Cheese	Quorn Roast & Yorkshire Pudding served with all the Trimmings	Veggie Bolognese & Garlic Bread	Bhaji Burger served with Chips
Vegetable Selection	Garden Peas	Carrots & Sweetcorn	Mixed Vegetables	Carrots & Sliced Green Beans	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans Salmon & Mayonnaise – Available Friday				
Dessert	Sticky Toffee Pudding with Custard	Chocolate Crunch	Oaty Biscuit with Banana	Fresh Carrot Cake with Icing Glaze	Ice Cream & Fruit

**Packed Lunch Option with a Choice of Fillings  
Cheese, Ham or Tuna Mayo**  
**Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily**