



The Food Heaven

St Mary's Catholic Primary School, Bodmin



Summer Menu

All meals are nutritiously balanced to support healthy eating and are freshly cooked on site.

April—October 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Week 1 - 19 April, 10 May, 7 June, 28 June, 19 July, 6 Sept, 27 Sept, 18 Oct Winter Menu after October half term				
The Main Event with Dessert	Sausage & Gravy	Pasta Bolognese	Roast Chicken	Mexican Chilli & Rice	Salmon Fish Fingers
	Quorn Sausage (V)	Sweet & Sour Veg & Rice (V)	Shepherdess Pie (V)	Vegetable Pasta Bake(V)	Cheese & Tomato Pizza (V)
	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings
	Creamed Potato, Carrots, Peas	Seasonal Vegetables	Roast Potato, Broccoli & Swede	Seasonal Vegetables	Chipped Potatoes, Baked Beans
Dessert	Marble Sponge & Custard	Homemade Cookie	Lemon Drizzle Cake	Jam & Cream Scones	Fruity Muffin
2	Week 2 - 26 April, 17 May, 14 June, 5 July, 13 Sept, 4 Oct Winter Menu after October half term				
The Main Event with Dessert	Crispy Chicken Strips in a Bun	Homemade Lasagne	Roast Gammon	Meatballs & Rice	Fish Fingers
	Quorn Burger in a Bun(V)	Mac & Cheese (V)	Quorn Roast (V)	Vegetable Chilli & Rice (V)	Vegetable Quiche (V)
	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings
	Potato Wedges, Baked Beans & Peas	Seasonal Vegetables	Roast Potatoes, Carrots & Cauliflower	Seasonal Vegetables	Chipped Potatoes, Baked Beans, Mixed Veg.
Dessert	Chocolate Crispy	Homemade Cookie	Wholemeal Chocolate Slice	Fruit Crumble & Custard	Carrot Cake
3	Week 3 - 3 May, 24 May, 21 June, 12 July, 20 Sept, 11 Oct Winter Menu after October half term				
The Main Event with Dessert	All Day Breakfast	Chicken & Sweetcorn Pie	Roast Turkey	Ham & Cheese Pizza	Fish in Breadcrumbs
	All Day Breakfast (V)	Vegetable Pie (V)	Cauliflower Cheese (V)	Quorn Risotto(V)	Cheese & Broccoli Pasta(V)
	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings	Jacket Potato - Various Fillings
	Baked Beans, Tomatoes	Creamed Potato & Seasonal Vegetables	Roast Potatoes, Broccoli & Swede	Potato Wedges, Sweetcorn & Salad	Chipped Potatoes, Baked Beans & Peas
Dessert	Custard Biscuit	Crispy Shortbread	Fruit Gateaux	Fruity Flapjack & Custard	Chocolate Brownie

Served Daily (V) indicates Vegetarian Option **Salad Bar** **Home-made Bread** **Milk** **Fruit** **Yoghurt**

