



St. Mary's Catholic Primary School

Educate Protect Love Serve

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20th September 2019



Dear Parents & Carers,

Bike to School Week: 23rd – 27th September

St Mary's school has been working in partnership with the sustainable transport charity **Sustrans** to encourage children and their families to walk, scoot or cycle to school. As well as reducing traffic congestion and air pollution at the school gate, getting some exercise on the school run prepares children for learning – and is a good chance to let off steam after school.

Although we always support active travel for our school community, we'd like to use this week as a reminder that getting children into positive behaviours now will prepare them for a lifetime of healthy habits in the future.

You can also take part in the **Sustrans Bike to School Week photo competition** for the chance to win a fabulous **Frog bike**: www.sustrans.org.uk/campaigns/bike-to-school-week-2019/bike-to-school-week-photo-competition/

Why not download <https://www.sustrans.org.uk/sign-up-to-receive-your-free-family-guide/> for ideas for a hassle-free school run?

Each day throughout the week, each child's journey will be recorded in the classroom. Each active journey made on foot, bike or scooter will be entered in a prize draw at the end of the week.

We understand that some families live too far away to walk, bike or scooter to school but we ask that you park a manageable distance away so your child can benefit from some exercise and reduced pollution on their journey. Have fun!

Yours sincerely,

Mrs Landry
Pastoral Lead



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