



**WEEKLY REMINDER: 25<sup>TH</sup> – 29<sup>TH</sup> JANUARY 2021**

**Our Christian value this term is Trust**

**SHOUT OUT'S**

**WREN CLASS** - Miss Mesney

Catrina for working really hard with her Maths and English and doing her learning independently.

Georgia for persevering with her learning. She also used a great simile in her writing this week!

**KINGFISHER CLASS** - Miss Dunn

Albert has been working so hard on his writing the past few weeks and I am so proud of the effort he has put in. Albert completed his independent write based on Feast this week and we were all so impressed with his story. Well done Albert!

Mina has been working consistently hard across all subjects and has produced so many beautifully presented pieces of work over the last few weeks. I was particularly impressed by Mina's Feast story this week; she had used her success criteria perfectly and had included so much rich and exciting language. Well done Mina!

**OWL CLASS** - Mrs Lewis

Oscar is our star class learner for his independent attitude in tackling Maths fractions work.

Poppy is our star home learner for excellent Rose Blanch sentence stacking.

Mathletics certificates this week go to Isla and Poppy again.

Some especially good English from everyone and some rather good Music and PSHE work.

Well done everyone - you are working so hard!

**INTERNET SAFETY DAY**

Internet Safety Day will be taking place on Tuesday 9<sup>th</sup> February.

Teachers will be sharing guidance and activities online via Padlet.

You can also follow <https://twitter.com/GlosSaferCyber> Gloucestershire Safer Cyber account.

There will be more and more info on it, relevant to keeping children safe.

## TIKTOK APP

The past year has brought so many significant changes to the way we live our lives. Online learning, working from home and the accompanying challenges of online meetings have impacted on many of us.

Like their parents and carers, many primary school age children have increased their time on the internet, which in itself has posed increased challenges for digital parenting.

Throughout this challenging time, Schoolbeat Officers and Police Community Support Officers have worked closely with Head teachers to provide advice and guidance to primary school pupils on how to stay safe online. What has become clear to Schoolbeat Officers is that more and more primary school children are highlighting their use of social media, in particular TikTok. Like many other Social Media platforms, TikTok has an age restriction of 13 years old. Whilst TikTok can be very appealing to younger audiences, many parents and carers are reminding their children that they need to be 13 before having the app.

Some parents and children have reported inappropriate content on the app, others have raised concerns about the risks linked to the messaging function and children keeping profiles open in order to get more comments and shares.

The online world can be an exciting place for children, however, it is not without its risks. It is important that children follow cyber safety advice and utilise age appropriate apps and games, this way we can reduce those risks and make their online experience as safe and fun as it should be. It's great to take an active interest in your child's life online and we'd encourage you to talk openly with them about the things they do. Remember, the internet is an essential part of young people's lives and provides them with tremendous opportunities.

Useful information for parents and carers and online safety advice/resources can be found on the below sites.

The NSPCC's online Net Aware service provides expert reviews and safety advice on all of the most popular social networks, apps and games young people are using; [www.net-aware.org.uk](http://www.net-aware.org.uk)

CEOP's ThinkUKnow website contains resources and advice tailored by age, as well as specific tools for parents and professionals; [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

## WELLBEING COURSES FOR PARENTS



### Happier and Calmer: Wellbeing at Home



A \*free online course for parents

We will be guiding you through the latest science on how to build a happier and calmer home

- ☀ Find ways to settle yourself in these uncertain times
- ☀ Discuss ways to make your family calmer
- ☀ Get tips to make you feel happier
- ☀ Develop yoga and mindfulness skills

**A 6 week course running on Wednesdays starting on 24<sup>th</sup> February 9.30 - 11.00am**

The course is being delivered via Zoom. You can access this through your smartphone, tablet or computer. We can help you to use it.

To book a place, please email [fay.tucker@gloucestershire.gov.uk](mailto:fay.tucker@gloucestershire.gov.uk)

\* The course is free if you are over 19 years old, have lived in the UK/ EU for 3 or more years, or have a valid Residence Permit, and are one of the following: Unemployed or earning below £17,000 per year; Qualified below a Level 2 (less than 5 GCSEs); Have mental health challenges, Have a learning difficulty or disability



### Calming the Mind for Parents



A free\* 6 week online course to introduce you to mindfulness in the comfort of your own home.

- 🧘 Explore ways to manage your stress levels
- 🧘 Find new ways to relax yourself and your family
- 🧘 Learn how to be mindful everyday

**Wednesdays from 3<sup>rd</sup> February 7:30-8:30**

The course is being delivered via Zoom. You can access this via your smartphone, tablet or computer.

To book a place please email [fay.tucker@gloucestershire.gov.uk](mailto:fay.tucker@gloucestershire.gov.uk)

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