



Autumn Term Lunch Menu

WEEK 1

CHOICES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE1	Chilli con carne with nachos and guacamole	Chicken Kiev	Lasagne and garlic bread	Jacket potato with Sausages and beans	Battered catch of the day
CHOICE2	Salmon fillet with lemon and chive sauce	Beef and ale pie	Chicken korma with poppadums	Jacket potato with chilli con carne	BBQ pulled pork bap
CHOICE3	Sweet potato and falafel balls	Vegetarian kiev	Vegetarian lasagne and garlic bread	Vegetarian curry	Vegetable tortilla
SERVED WITH	Diced potatoes Garden peas Sweetcorn	Buttered new potatoes Farmhouse vegetables	Croquette potatoes Broccoli spears Sliced carrots	Salad	French fries Garden Peas
PUDDINGS	Apple pie and custard	Fruit	Flapjacks	Yogurt	Jelly

WEEK 2

CHOICES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE1	Cheesy meatballs	Sausage roll	Sweet chilli chicken wrap	Roast beef and Yorkshire pudding	Battered catch of the day
CHOICE2	Fish finger sandwich	Southern fried chicken	Beef and pepper wrap	Chicken and smoked bacon fricassee	Pasta bolognese with garlic bread
CHOICE3	Quorn balls in tomato sauce	Macaroni cheese with roast cherry tomatoes	Vegetarian wrap, guacamole, salsa and sour cream	Quorn Korma and poppadoms	Tomato and basil quiche
SERVED WITH	Croquette potatoes Garden peas Diced carrots	Minted new potatoes Farmhouse vegetables	Diced potatoes French beans Sweetcorn	Roast potatoes Broccoli Sliced carrots	French fries Garden Peas
PUDDINGS	Apple crumble with custard	Fruit	Flapjacks	Yogurts	Jelly

WEEK 3

CHOICES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE1	Toad in the hole with gravy	Salmon and chorizo pasta bake	Beef stroganoff	Pizza and pasta day with garlic bread	Battered catch of the day
CHOICE2	Chicken Balti	Sweet and sour chicken balls	Chicken and leek pie		BBQ chicken thighs
CHOICE3	Vegetarian toad in the hole	Macaroni cheese with roasted peppers	Creamy vegetable pie	Garlic bread	Homity pie
SERVED WITH	Diced potatoes Garden peas Diced potatoes	New potatoes Farmhouse vegetables	Potato wedges Green beans Sweetcorn		French fries Garden peas
PUDDINGS	Chocolate brownie and custard	Fruit	Flapjacks	Yogurt	Jelly