

Summerhill Matters

Message from the Headteacher

CHILDREN'S MENTAL HEALTH WEEK 2019

This week (4-10 February 2019) is Children's Mental Health Week. The Week was set up by the children's mental health charity Place2Be to shine a spotlight on the importance of children and young people's mental health.

WHAT'S IT ALL ABOUT?

When we think about healthy living, we tend to focus on looking after our bodies - our physical wellbeing - through food, being active and getting enough sleep.

However, in order to be healthy overall, it's important that we look after our minds - our mental wellbeing - too. Research in schools has shown that there are often children in every class who have diagnosable mental health conditions and many more struggle with challenges from bullying to bereavement. (Primary and Secondary).

Our bodies and minds are actually very closely linked, so things that we do to improve our physical wellbeing can help our mental wellbeing as well. When we take steps to be **Healthy: Inside and Out**, it helps us to feel better in ourselves, focus on what we want to do and deal with difficult times.



Good mental health helps children:

- learn and explore the world
- feel, express and manage a range of positive and negative emotions
- form and maintain good relationships with others
- cope with, and manage change and uncertainty
- develop and thrive.

Building strong mental health early in life can help children build their self-esteem, learn to settle themselves and engage positively with their education. This, in turn, can lead to improved academic attainment, enhanced future employment opportunities and positive life choices.

As parents and carers, we play a very important role in our child's health. Here are a few simple ways you can encourage them to look after their body and mind:

- **Chat with your child about what you do to look after your body and mind**, from walking the dog to turning your phone off before bed. Sharing the steps you've taken to stay healthy can set a good example for them - but don't be afraid to admit it if you've struggled! It's important for children to keep trying, even when things are difficult.
- **Praise your child and other family members for what they do to look after their body and mind** - even if it's small. If your child sees healthy living in a positive light, they're more likely to carry on doing these things throughout life.
- Remind them that there's no such thing as a **perfect body or mind - and no one is perfectly healthy!** Your child might be tempted to compare themselves to other children, especially on social media, but it's important to remember that everyone's bodies and minds are different - and that's something to celebrate.
- **Do something regularly with your child to be Healthy: Inside and Out.** Family life can be very busy and stressful at times. Cooking a meal, sitting down for a family dinner, or going for a walk together can be a great way to stay connected and have fun.



Cantankerous (bad tempered and uncooperative)

Example

His voice must have conveyed his cantankerous intentions.

SAFER INTERNET DAY

Tomorrow, Tuesday 5th February is Safer Internet Day. We will be having an assembly children will be carrying out activities in class. The internet is a wonderful place that offers so many opportunities for children and young people to learn, connect and play. However, we are also aware of the harm and damage it can do when children and young people do not use it appropriately or safely. Please use the link below to find out more about what you can do to help keep your child safe.

<https://www.saferinternet.org.uk/safer-internet-day/safer-internet-day-2019/education-packs/activities-parents-and-carers>

WEEKLY ATTENDANCE
25.02.10 - 01.02.19

Reception	96.67%
Year 1	95.33%
Year 2	95.81%
Year 3	96.67%
Year 4	91.38%
Year 5	96.79%
Year 6	93.21%
School	95.29%

School Matters!



PARENTAPP

You should all have received an invite for the new Parentapps Connect. We are aware of all the problems we have had with Parentapps and have been assured that this new app should not incur any problems going forward. All communication should be clear and swift.



It is our aim that this will become our sole use of communication going forward. For this to work successfully we require everyone to follow the instructions on the invite email and download the new app which is called Parentapps Connect. You can do this by going into the app store on your phone, typing Parentapps, finding parentapps connect (icon is blue) and open. You must remove the old parentapps app as this is no longer valid.

Hopefully this new system will be easier to use and going forward will alleviate the usage of paper going home and improve overall communication.

Thank you for your assistance.

RECOGNITION FROM THE GOVERNMENT



DATES FOR YOUR DIARY

(Subject to change. Changes or additions from the previous week will be highlighted.)

Activity	Date	Time
Forest School Reception	Every Monday	Afternoons
Year 5 Swimming this term	Every Monday starting 7 th January until Monday 1 st April 2019	Children to come ready for swimming. Leave school at 9:15am
Forest School Year 4	Starts Thursday 10 th January 2019	Afternoons
Military School Year 6	Every Monday starting 14 th January until 1st April 2019	Afternoon
Children's Mental Health Week	4 th - 10 th February 2019	All week
Year 3 World Museum Visit	Tuesday 5 th February 2019	Morning
Safer Internet Day	Tuesday 5 th February 2019	All day
Year 4 Class Assembly	Tuesday 12 th February 2019	9:10 start
Whole School Science 2U Workshops	Wednesday 13 th February 2019	All day
Finish for half term	Friday 15 th February 2019	15:20
FSSA Friendship Disco	Wednesday 27 th February 2019	KS1 15.30 - 16.45 KS2 17.00 - 18.15
FSSA Own clothes day	Friday 1 st March 2019	All day
Philharmonic Hall Trip Year 3 and Year 4	Wednesday 6 th March 2019	Morning
World Book Day	Thursday 7 th March 2019	All day
Height, weight and Vision screening Reception Class	Thursday 7 th March 2019	Morning
10 Year 6 pupils and 3 staff to Valencia as part of the My Rights My Responsibilities Project	Sunday 10 th March 2019 - Friday 15 th March 2019	
Whole School Science Week	11 th - 15 th March 2019	Various Activities within each year group
Swimming Gala (Selected pupils)	Friday 15 th March 2019	9 -12 Crosby
Silly Science Workshop	Friday 15 th March 2019	Whole School
Parent's Evening	26 th & 27 th March 2019	15:30 - 18:00
FSSA Own clothes day	Friday 29 th March 2019	All day
FSSA Easter Bingo	Wednesday 3 rd April 2019	18:30 - 20:00
Break up for Easter	Friday 5 th April 2019	14:00 finish

SEFTON BUILDING SERVICES

Sefton Building Services are looking to recruit permanent and temporary cleaners in schools within the Formby, Maghull, and Bootle areas.

Hours vary but on average will be between 3:00pm - 6:00pm 12, 15 & 16 hours per week

Duties involve cleaning classrooms, hoovering, cleaning toilets, emptying bins, and other cleaning tasks.

Full training will be given.

Rate of pay: £8.73 per hour

If interested, please ring the **SEFTON BUILDING & CLEANING DEPARTMENT ON: 0151 934**

2269. Mobile: 07734499709 and ask for **Jane Ellison** for more details and to request an application form.

ACTIVITY PASSPORT

You may have heard about the Government's new initiative called "My Activity Passport".

This is a list of activities aimed at each year group in Primary Schools.

The Department for Education states, "the activities are designed to be accessible so that every child and family can get involved and include milestones for each primary school year group."

You can find out what the government says here:

<https://www.gov.uk/government/news/activity-passport-to-inspire-schoolchildren-and-boost-resilience>

As a school, we think this is a great initiative and we would encourage parents to involve their own child with the Activity Passport programme.

A free website <https://activitypassports.co.uk/> has been set up by to support anyone who wants to make full use of the Activity Passport, and this could be an important resource if you want to encourage your child to complete the Activity Passport activities. From this website you can download the Activity Passport.

We would appreciate it if you could send a photograph that shows activities you and your child are participating in. We will print some of these off for display and your child will use them as a prompt to 'talk about' the activity. This will link directly to our work on oracy, vocabulary and language development.

CO-OP LOCAL COMMUNITY FUND

Thank you to the FSSA for completing the application form!

Friends of Summerhill School Association has been chosen for the next round of the Co-op Local Community Fund.

The funding round started Sunday, 28 October 2018. From this date, Co-op members can choose a cause to give their 1% to when they spend on selected own-brand products and services.

The funding period will run for 12 months until the 26 October 2019.

Please shop at the Co-op and register us as your nominated charity. Ask your friends and family to register too!

LEAVE OF ABSENCE (HOLIDAYS) IN TERM TIME

We know that you, as parents/carers, want the best for your child and that having a good education helps to open up more opportunities in adult life. Bearing this in mind, I would like to include a reminder regarding the law relating to holidays taken during term time.

As parents, you have a legal duty to ensure that your children attend school on a regular basis. The Education Act 1996 makes it a criminal offence for a parent to “fail to secure their child’s regular attendance at the school”. On matters relating to term-time pupil absences, the Education (pupil registration) (England) (amendment) Regulations 2013, which came into force on 1 September 2013, removed all references to ‘family holidays’ and ‘extended leave’ as well as the ‘notional threshold of 10 school days.’ The amendments also make it very clear that Headteachers may not grant any leave of absence (holiday) during term time unless exceptional circumstances prevail. The amendments give *parents no entitlement to take their child out of school for a holiday in term time* and require the Headteacher and Governing Body to determine what the exceptional circumstances are. Government guidance refers to service families only. Each request will be considered individually.

A letter requesting leave of absence - stating the reason for the request, must be sent to the headteacher, well in advance of the planned absence.

Email requests may be sent to admin.summerhill@schools.sefton.gov.uk

It must clearly state in the letter what the exceptional circumstance is that requires the leave of absence being taken in term time.

On receipt of the request, you will be sent a response indicating whether the school is able to authorise the leave of absence or not.

Any requests made for a holiday to be taken in the academic year, which is not considered to be exceptional in circumstances, will result in a fine. If parents, contrary to what the school has said, still decide to take their child out of school for a leave of absence then the absence will be coded as unauthorised. This may lead to the school referring the matter to the Local Authority

PENALTIES FOR UNAUTHORISED ABSENCE		
Timeline	One child	Two children
Paid within 21 days	£60 <u>per parent</u>	£60 per child = <u>£120 per parent</u>
After 21 days and before 28 days	£120 <u>per parent</u>	£120 per child = <u>£240 per parent</u>
After 28 days	The parents will receive a summons to appear before the Magistrates’ Court on the grounds the parents have failed to secure their child’s regular attendance	The parents will receive a summons to appear before the Magistrates’ Court on the grounds the parents have failed to secure their children’s regular attendance

HOLIDAYS 2019-2020

	AUTUMN TERM 2019	SPRING TERM 2020	SUMMER TERM 2020
Term commences	Wednesday 4 September	Monday 6 January	Monday 20 April
Mid-Term Holiday	Monday 28 October to Friday 1 November	Monday 17 February to Friday 21 February	Monday 25 May to Friday 5 th June
Term Ends	Friday 20 December	Friday 3 April	Wednesday 22 July
Total No of Days 190	73	60	57

REMINDERS

SUPERVISION ON THE PLAYGROUNDS

Please be reminded that the children are the responsibility of parents/ carers at the beginning and end of the school day. We kindly ask children not to play out after school as staff from 'After School Club' are waiting to start their clubs on the playground. Thank you.

SENDING MONEY INTO SCHOOL

All money that is handed into school for payment of dinners, trips, 'make and bake' etc., **must** be sent in an envelope clearly marked with child name, class, amount and what the money is for. **Please use a separate envelope for each lot of money.** The money is placed in a box in class, delivered to the office for checking and recording. Any money passed into school that is not in an envelope will not be accepted.

DINNER MONEY

Reminder that dinner money is **£10.50 per week**

THE START OF THE SCHOOL DAY.

Reception, Year 1 ,2, 3 and 4 doors in the morning

After half-term please will parents/ carers remain on the main playground area when the bell sounds and not walk their child to the door. There are still times that it can be daunting for some of the younger children to find their way in through large groups of adults. We aim to get the children into class quickly and settled ready to learn. Messages can be passed via the office, passed to a member of staff on duty or via a note to the teacher. We do appreciate that occasionally it may be necessary to speak directly to a member of staff from your child's class that morning. Let your child know if they have a letter or money to pass in and they can let their teacher know.

Attendance and Punctuality Matter!

Most parents want their children to get on well in life.

Nowadays, it is more important than ever to have a good education behind you if you want opportunities in adult life. Children only get one chance at school, and your child's chances of a successful future may be affected by not attending school regularly and punctually.

Be here and be here on time!

SCHOOL MEALS FOR FREE PLEASE READ

Are you missing out?

Prior to April 2018, children qualified for free school meals - and accordingly pupil premium - if you received any of the following benefits:

Income support

Income-based jobseekers' allowance

Income-related employment and support allowance

Support under Part IV of the Immigration and Asylum Act 1999

The guaranteed element of state pension credit

Child tax credit, provided that you are not also entitled to working tax credit and have an annual gross income of £16,190 or less

These benefits have now been rolled into a single benefit, called Universal Credit.

If you think you are eligible, please do apply as not only will your child have their school dinner provided but school will also receive £1320 per pupil towards education.

How to apply

There are 3 ways:

- Contact Sefton's School Admissions and Pupil Support Department on 0151 934 3456
- Apply online at www.direct.gov.uk
- Come into school and we can provide the form

Parent Mail and ParentApp

We do not ordinarily send paper copies of letters / newsletters. Most of our communication is done electronically. If you are not registered please contact Ms. Graham / Mrs. Higham in the school office so that we can keep in touch with you more easily.

Summerhill Parent App

This can be installed on both Android and iPhone.

It is your responsibility to keep us informed of a change of email.

Twitter @SummerhillL31

Change of Pupil Details

Please ensure any changes in your child's details e.g. contact telephone numbers, change of address etc. are reported to the school office as soon as possible. This information does need to be kept up to date for emergency situations.

Leaflets

School will send home leaflets from time to time which may be of interest to parents and advise them of activities going on in the community, these activities have not been vetted by the school and the school is not endorsing the activity.



