

Fritwell C of E Primary School Long Term Curriculum Plan PE Year B (2021-2022)

"Growing and Learning Together with God"



Threshold concept:

Develop practical skills in order to participate, compete and lead a healthy lifestyle

	Autumn		Spring		Summer	
Minnows/ Tiddlers	All Around Me Moving (Gymnastics)	Robots Hands 1 (Ball Skills)	Wonderful World High Low Over Under (Gymnastics)	Transport Nursery Rhymes (Dance)	Heroes Feet 1 (Ball Skills)	Minibeasts Games for Understanding (Attack vs Defence)
Sticklebacks Y1 units	Fire and Ice Running 1 (Locomotion) Wide, Narrow, Curled (Gymnastics)	Fire and Ice Hands 1 (ball skills) The Zoo (Dance)	No Place Like Home Feet1 (Ball Skills) Body Parts (Gymnastics)	No Place Like Home Jumping 1 (Locomotion) Hands 2 (Ball Skills)	Growing and Learning Growing (Dance) Games for Understanding (Attack vs Defence)	Growing and Learning Team Building Health and Well Being
Seahorses Y2 Units	Rock and Roll Linking (Gymnastics) Dodging (Locomotion)	Rock and Roll Hands 1 (ball skills) Jumping 1 (Locomotion)	Australian Adventure Explorers (Dance) Feet1 (Ball Skills)	Australian Adventure Pathways (Gymnastics) Hands 2 (Ball Skills)	Fab Fitness Games for Understanding /Orienteering Swimming	Fab Fitness Health and Well Being Swimming

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Stingrays Y4 Units	Water Water Everywhere Circus (Dance Y5) Hockey	Water Water Everywhere Bridges (Gymnastics) Dodgeball	Roman Adventure Tag Rugby Swimming	Roman Adventure Netball Swimming	Disasters Problem Solving /Orienteering Tennis	Disasters Athletics Rounders
Sharks Y5 Units	Evolve Tag Rugby Swimming	Evolve Counter Balance and Tension Swimming	Alpha to Omega The Greeks (Dance) Netball	Alpha to Omega Health Related Exercise Hockey	Mountains to Climb Rounders /Orienteering Tennis	Mountains to Climb Athletics Cricket