



**FARNWORTH CHURCH OF ENGLAND
PRIMARY SCHOOL**



**SUN SAFE SCHOOLS'
SUN SAFETY POLICY**



Recommended by	J. Stillings
Approved by	Curriculum and Standards Committee
Approval date	12.7.16
Version number	1.1
Review date	Bi-annual

CHANGE RECORD FORM

Version	Date of change	Date of release	Changed by	Reason for change



SUN SAFE SCHOOLS' SUN SAFETY POLICY

RATIONALE

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer. There is enormous potential for schools to help prevent skin cancer in future generations. Schools are central to protecting children's skin this is because:

- Children are at school five out of seven days a week at times when UV rays are high.
- Most damage due to sun exposure occurs during the school years.
- Schools can play a significant role in changing behaviours through role modelling and education.
- Students and teachers are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
- Students spend an average of 1.5 hours outside per school day, more if involved in sports and outdoor activities.
- Skin cancer is largely preventable through behaviour modification and sun protection during early years.

The main elements of this policy are:

- Partnership: working with parents/carers, governors, the school health adviser and the wider community to reinforce awareness about sun safety and promote a healthy school.
- Education: learning about sun safety to increase knowledge and influence behaviour.
- Protection: providing an environment that enables pupils and staff to stay safe in the sun.

PARTNERSHIP

- Sun safety will be promoted through working with parents/carers, governors and the wider community to improve our understanding and provision to avoid the harmful effects of too much exposure to ultraviolet light (UV).

Policy	Sun Safety Policy			Page 2 of 4	
Author	J. Stillings – using Sun Safe Schools Policy			Version	1
Approved by	Curriculum and Standards Committee			Status	
Date of Approval	12.7.16	Date of Issue	14.7.16	Date of Review	Bi-annual



- Staff should act as positive role models and set a good example by seeking out the shade whenever possible and wearing suitable clothing and applying sunscreen. Staff will be encouraged to wear hats when in the sun for a sustained period e.g. sports' day.
- Relevant professional (school health adviser and health promotion officers) will be invited into the school periodically to advise the school on 'sun safety'.

EDUCATION

- Annually a special assembly will be dedicated to 'Sun Safety'. This will emphasise the 5 S's of Sun Safety including:
SLIP SLOP SLAP - to SLIP ON A T-SHIRT, SLOP ON THE SUNSCREEN, SLAP ON A HAT.
- At appropriate times during the year children will be reminded through our assemblies about 'How to be Sun Safe'.
- The curriculum for all year groups will include aspects of 'Sun Safety' annually.
- Parents and Carers will be asked through newsletters to support this policy by encouraging their children to adopt the Slip, Slop, Slap message and to act as role models.
- Children will be encouraged to use the shaded areas of the school during playtimes.

PROTECTION

Shade:

- The school playground has shade provided either by the school building, outdoor shelter(s), trees and we have temporary structures i.e. gazebos, etc for use on sports days and other outdoor events.
- Children will be encouraged to use the shaded areas of the school during playtimes when appropriate.

Clothing:

- The children will be encouraged to wear clothes that provide good sun protection.

Policy	Sun Safety Policy		Page 3 of 4		
Author	J. Stillings – using Sun Safe Schools Policy		Version	1	
Approved by	Curriculum and Standards Committee		Status		
Date of Approval	12.7.16	Date of Issue	14.7.16	Date of Review	Bi-annual



- Parents / carers will be asked to supply their child/ren with legionnaire or bucket style hats to protect their face, ears and back of their neck.
- The hats will remain in school at all times (between March and end of September) and be easily accessible.

Sunscreen:

- Parents / carers are expected to provide their child/ren with sunscreen (minimum SPF 30, with broad spectrum UVA protection) to apply themselves when appropriate and used on or off site for any prolonged outdoor school related activities.

Drinking Water:

- Children are encouraged to increase their water intake in hot weather and are encouraged to drink water during break times and lunch times. Every child should bring a water bottle to school every day.

Policy	Sun Safety Policy			Page 4 of 4	
Author	J. Stillings – using Sun Safe Schools Policy			Version	1
Approved by	Curriculum and Standards Committee			Status	
Date of Approval	12.7.16	Date of Issue	14.7.16	Date of Review	Bi-annual