



For distribution to Parents of Children at Oak Green School

Measles in Aylesbury.

Public Health England (PHE) is currently dealing with some cases of measles infection within Buckinghamshire. We are aware that some members of the school community may have been exposed to measles and these children are being followed up.

Measles is a viral illness that is highly infectious. Whilst these may be isolated cases, we are looking to raise awareness around the signs and symptoms, what can be done to prevent infection and to provide some resources to help you know what to do if you suspect your child or someone else may have this infection.

Clinical signs and symptoms of measles include:

- High fever (temperature of 39°C or higher),
- Sore, red, watery eyes,
- Coughing,
- Aching and feeling generally unwell,
- A blotchy red/brown rash which usually appears 2-4 days after the initial symptoms.

For more information, visit: <https://www.nhs.uk/conditions/measles/symptoms/>

Actions:

- **Please take this opportunity to ensure your family are fully immunised with 2 MMRs.** MMR vaccinations are usually given in early childhood. These are usually recorded in the Red Book NHS child health record. You can check with your GP Practice if you are not sure.
- If your child develops symptoms and you think this could be measles, please exclude them from school pending further discussion with your GP.
 - If attending your GP or other healthcare setting with these symptoms, please call ahead. It may be necessary to arrange for your child to go straight into a side room on arrival, to reduce the risk of spreading any infection.
 - Suspected cases must be excluded from school for 4 days after the onset of rash, as this is when they are most infectious from coughing and sneezing.

We have attached some useful links for further information:

- www.nhs.uk/conditions/measles/
- www.gov.uk/government/publications/mmr-for-all-general-leaflet
- www.gov.uk/government/publications/measles-dont-let-your-child-catch-it-poster
- www.gov.uk/government/publications/measles-dont-let-your-child-catch-it-flyer-for-gps