

## **Parent Information**

### **Anaphylaxis Shock**

Please do not send your child in to school with any foods (lunch boxes, morning snacks or birthday surprises) containing nuts or nut derivatives.

For some children a reaction may be caused by contact with their skin, in the air and ingestion.

*Thank you for your support*

### **Anaphylaxis Serious but Manageable**

The number of children across Britain who suffer severe allergic reactions (anaphylaxis) appears to be rising. The most common causes are PEANUTS and tree nuts (WALNUTS, ALMONDS, BRAZILS and HAZELNUTS, Etc.). Occasionally other foods and substances sometimes contain small traces of nuts which can be found in some pre-packed foods, i.e. 'Wotsits', chocolate bars, cereal bars and chocolate spread.

Anaphylaxis is very definitely manageable. The vast majority of the children affected are happily accommodated in mainstream schools where teachers, doctors and education authorities, with sound precautionary measures and support from the staff, enable school life to continue as normal for all concerned.

### **What exactly is Anaphylaxis?**

Anaphylaxis is an acute, severe allergic reaction needing immediate medical attention. It usually occurs within seconds or minutes of exposure to a certain food or substance, but may on rare occasions happen after drugs such as penicillin, latex and the venom of stinging insects (such as bees, wasps or hornets).