



primaryacademies



## Physical Education at Orchard Vale Community School

Stakeholders at Orchard Vale Primary School recognise the contribution of PE to the health and well-being of the children. In addition, it is considered that an outstanding PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of the children.

The Head Teacher, PE Co-Ordinator and school staff are committed to ensure that all pupils receive at least 2 hours of high quality, well-planned PE per week delivered by confident and well trained teachers. The successful delivery of the curriculum supports all aspects of health education within the school. Staff training is provided for teachers and lunchtime staff to keep them abreast of new initiatives, ensuring that PE is a high profile subject during the school day, at lunchtimes and as extra-curricular clubs. Sports taught at Orchard Vale are varied. Opportunities include football, basketball, cricket, netball, hockey, athletics, tag rugby, swimming, surfing and cross country.

Teachers are encouraged to offer PE clubs as an extra-curricular activity. Other staff and members of the school community are also involved: a parent helps to run a tag rugby club and some Teaching Assistants run other clubs, such as football and the cross country club with the support of teachers and parents. Parent support is invaluable during extra-curricular activities and their skills, expertise and support are much appreciated. Their help in clubs enables a greater number of children to take part. There is particular emphasis on encouraging girls to take part in sport. The importance attached to this issue has resulted in high achievement with the girls cross country and gymnastics teams winning medals and trophies over the last few years.

Through the local School Sports Coordinator Service Level Agreement, we have purchased as part of the Barnstaple Learning Community, the school takes part in year group sports festivals, intra and inter schools competitions leading to level 2 and 3 "School Games" competitions and central venue sports. We are also developing sporting events across the eight schools in the Primary Academies Trust. Current events planned include football tournaments and a sports day at Exeter Arena.

Talented children are signposted to local clubs and events to encourage them to develop their skills. They also take part in annual programmes organised by the School Sports Coordinators such as Quad Kids and a range of additional coaching. The school has strong links with the Exeter City Football School of Excellence. We regularly organise enrichment trips such as a yearly visit to the tennis at Wimbledon through our membership of the LTA.

PE and sport are delivered across the curriculum through thematic work such as our Olympic themed year in 2012 when classes were named after Olympic heroes. We took part in an Olympic Games with local schools and held our own sport day where



children tried a range of Olympic Sports. Orchard Vale Community School also believes it is important for the children to meet local sporting role models, such as local professional boxer Tommy Langford. The school holds the Gold School Sports award which is awarded to a handful of schools across the county.

In Years 5 and 6 we deliver the Sports Leadership programme through our active lunchtimes work. The pupils access their training through the School Sports coordinator Training days to teach, plan and assess the work that they do in organising lunchtime games and sports for children in Reception to Year 6. This is an engaging project which is managed by our Teaching Assistants for all pupils and often leads to continued work in this area at secondary school. Lunchtime staff organise a wide range of activities to promote healthy lifestyles and competitive sports, such as the annual tennis tournament.

During the academic year we will be using our new Primary School PE Sport Funding to continue to develop high quality PE teaching for all of our children. Our promotion of healthy lifestyles and expanding still further the opportunities for children at Orchard Vale to take part in a wide of range of competitive sports.