

KIT LIST (PGL)

3 pairs of trousers please include a pair of old jeans

3-4 long sleeved T shirts, 1 sweat shirt

2 pairs of trainers (1 old for activities, 1 for leisure)

1 pair of water shoes or pumps for the wet activities

Pyjamas and dressing gown (slippers if used) **Underwear and socks** (including spares)

Toothbrush, toothpaste, soap, shampoo, face cloth, large towel

Deodorant- (NO SPRAYS PLEASE! PGL RULES)

Waterproof outdoor jacket and fleece (Waterproof trousers advised)

Swimming costume (No loose shorts or bikinis)

Woolly hat and gloves

Disposable camera (optional) Named – Write on a sticking plaster and stick it on (1 with a flash is recommended for use indoors)

Wristwatch

Torch

Black bin bag for dirty/wet clothes

Vaseline/lip balm

Named refillable water bottle for use at PGL

Sun cream and hat (weather dependent)

Small teddy, book

List of items packed in rucksack/holdall

Clothes for activities should not be their best clothes (old, tough and fairly loose clothing is ideal)

ADVISORY- Girls with long hair will need to have it tied back for all the activities. Please ensure your child can do this for themselves and that they have a hairbrush and enough bobbles to do so.

PLEASE NOTE

NO MOBILE PHONES (School will keep Parents updated via Twitter)

NO ALARM CLOCKS- the children will be woken by staff

NO PORTABLE RADIOS/ CD PLAYERS/TVs/MP3s/IPODS/DSIs or anything of any value (Rules set by PGL)

Please ensure that your child's belongings are clearly marked with his/her name and the name of the school (BJS will do for school)