










Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pasta Pasta served in a pot with your chosen topping choose from Bolognese, chicken, ham, cheese and cheese sauce</p>	<p>Burger Day Choose from a homemade beef or chicken burger or a spicy bean burger served in a bun with salad</p>	<p>Roast Dinner Roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Chilli & Rice Choose from either fresh minced beef or soya mince cooked with onions, mild chilli powder, tomatoes and red kidney beans and served with rice)</p>	<p>Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet. All baked in the oven, or you could choose cold meats served with chips</p>
Served with				
Broccoli	Corn on the cob	Carrot & Swede and Cabbage	Peas	Mixed salad/ Baked Beans
Or				
<p>Jacket potatoes, Panini's served with a side salad are also available daily – chooses from a variety of fillings butter, cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken breast egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
A selection of homemade bakery or ice cream, mousse, fresh fruit, fruit pots, yogurt cheese and crackers				
And Finally, a drink				
<p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry or banana. Fresh fruit juice – apple orange pineapple cranberry juice water.</p>				

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Spaghetti Bolognaise Minced beef or soya mince cooked with onions, garlic, tomatoes, mushrooms and herbs, then served on a bed of spaghetti</p>	<p>Popcorn chicken fresh strips of chicken dipped in seasoned egg and then rice Krispies served with diced potato</p>	<p>Roast Dinner Roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Sausage & Mash A butcher's quality sausage baked in the oven and served on a bed of homemade mashed potato</p>	<p>Fish or Chicken Choose, chicken goujon or breaded cod fillet fingers or simply a salmon fillet, all baked in the oven, or you could choose cold meats served with chips</p>
Served with				
Broccoli	Green Beans	Carrots And Cauliflower	peas	Mixed salad/Baked Beans
Or				
<p>Jacket potatoes, Panini's served with a side salad are also available daily – chooses from a variety of fillings butter, cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken breast, egg, chefs choice of deli fillings and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
A selection of homemade bakery or ice cream, mousse, fresh fruit, fruit pots, yogurt cheese and crackers				
And Finally, a drink				
<p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry or banana. Fresh fruit juice – apple orange pineapple cranberry juice or water.</p>				

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pizza Day A selection of homemade pizza, choose from: Cheese & Tomato, Ham & Pineapple or Pepperoni served with pasta spirals</p>	<p>Chicken Curry Pieces of fresh chicken cooked with onions, garlic, cumin, turmeric, coriander, ginger, coconut milk and stock, served on a bed of rice with a naan bread</p>	<p>Roast Dinner Roast meat of the day or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p>	<p>Smothered Chicken Choose from a fresh piece of chicken or a Quorn fillet baked topped with a homemade barbeque sauce and cheese and baked in the oven and served with noodles</p>	<p>Sausage & Chips Or Breaded Fishfingers Butcher's quality sausages baked in the oven & served with chips (Quorn sausages will be served as a vegetarian alternative)</p>
Served with				
Sweetcorn	Green Beans	Carrot & Swede And Cabbage	Broccoli	Peas or Baked Beans
Or				
<p>Jacket potatoes, Panini's served with a side salad are also available daily – chooses from a variety of fillings butter, cheese, tuna mayo, ham, turkey & baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken breast, egg chefs choice of deli fillings and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
				
A selection of homemade bakery or ice cream, mousse, fresh fruit, fruit pots, yogurt cheese and crackers				
And Finally, a drink				
<p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry or banana. Fresh fruit juice – apple orange pineapple or cranberry juice or water.</p>				

