

# Top Tips

- Open dialogue with your child
- Protect their personal information
- Think before they/you post
- Consider filtering and blocking software/apps
- Discuss privacy settings and reporting
- Look at age ratings on apps and games
- Discuss importance of talking about anything that upsets them or if someone asks to meet offline



# E-SAFETY AWARENESS



## BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



## ZIP IT

Keep your personal stuff private and think about what you say and do online.



## FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

## Useful websites for information on E-safety

<http://www.kidsmart.org.uk/>



Kidsmart is an award winning, practical internet safety programme website for schools, young people, parents, and agencies, produced by the children's internet charity Childnet International.

<http://www.thinkuknow.co.uk/>



All hot topics are covered including mobiles, blogging and gaming sites and users can tell someone via the site if they feel uncomfortable or worried about someone they're chatting to online.

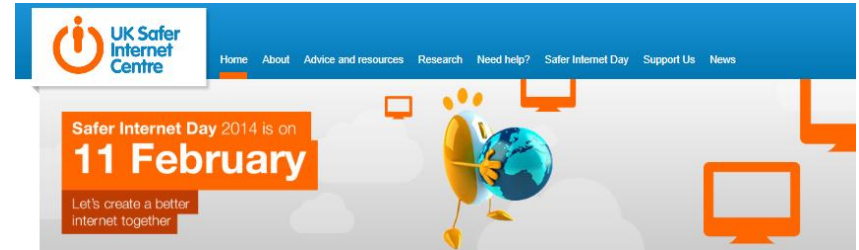
## Smart phone safety

<http://www.sipbench.eu/>



## General advice on setting parental controls

<http://www.saferinternet.org.uk/>



Once on the site click on **Advice and Resources**, then **Parents and Carers**, then **Parental Controls**.

## Information on reporting

<http://ceop.police.uk/>



When should I report to CEOP?  
If someone has acted inappropriately towards you online, or to a child or young person you know.

It may be being asked to do something that makes you feel uncomfortable or someone being insistent on meeting up.

The CEOP help page gives information on how you can report it.